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**GOOD NEWS FOR
CANADIAN GLEEKS
CANUCK STARS BACK
IN SEASON 2** {page 22}



**600
HISTORIC HOMER
FOR RODRIGUEZ**
SPORTS {page 37}



TORONTO

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Thursday, August 5, 2010
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► Sarah Silverman, left, and Michelle Williams.

Strolling, chatting and waltzing

Actors Sarah Silverman and Michelle Williams take a stroll downtown yesterday on the set of their new film, *Take This Waltz*. The two were filming on Mackenzie Crescent, off Dundas Street West.

Omar's brother goes free

► Judge says Abdullah Khadr suffered physical abuse while detained in Pakistan ► Abdullah's brother, Toronto-born Omar Khadr, is charged with war crimes

Abdullah Khadr tasted freedom for the first time in more than four years yesterday when a judge released him from jail in light of American involvement in his "shocking" mistreatment during 14 months detention in Pakistan.

In granting a rare stay of extradition proceedings against Khadr, Ontario Superior Court Justice Christopher Speyer found the U.S. had violated basic principles of justice.

"Although Khadr may have possessed information of intelligence value, he is still entitled to the safeguards and benefit of the law, and not to arbitrary and illegal detention in a secret detention centre," Speyer wrote.

"The sum of the human-rights violations suffered by Khadr is both shocking

and unjustifiable."



► Abdullah Khadr

Khadr, 29, was arrested in December 2005 in Toronto pending an extradition request by American authorities, who want him to face charges in Boston, where he is accused of supplying weapons to al-Qaida to be used against American forces in Afghanistan.

THE CANADIAN PRESS

Steamy days, chilly drinks

Metro's tips for summer entertaining {pages 34-35}

Scott Pilgrim vs. Toronto?

Will comic book flick lure tourists to Hogtown? {page 4}

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Notice of Completion of Environmental Project Report

Scarborough Rapid Transit Conversion and Extension

City of Toronto and Toronto Transit Commission

The Project

The City of Toronto and the Toronto Transit Commission have completed an Environmental Project Report in accordance with Ontario Regulation 231/08 for the Scarborough Rapid Transit (SRT) Conversion and Extension Project.

The existing Scarborough RT line runs 6.5 kilometres from Kennedy Station to McCowan Road. Because the existing vehicles are reaching the end of their life expectancy, the right-of-way and stations must be modified to accommodate new LRT vehicles and to expand ridership capacity. The new LRT vehicles will be the same as those to be used on other Transit City Light Rail Transit (LRT) lines. At Kennedy Station, improvements will also include a more direct connection between the SRT and Bloor-Danforth Subway platforms. Plans will also accommodate the new Eglinton Crosstown and Scarborough-Malvern LRT lines.

The 4.9 kilometre extension of the Scarborough RT from McCowan Road to Malvern Town Centre will provide rapid transit to northeast Scarborough, including a direct connection to the Sheppard East LRT. The SRT will be elevated from McCowan Road to north of Highway 401, where it will transition to operate underground via a portal located west of Progress Avenue, south of Milner Avenue. A second portal will be located south of Tapscott Road, with an elevated terminal station at Malvern Town Centre. New bus terminals are planned at Sheppard Avenue and Malvern Town Centre.

SRT trains will access the Sheppard East Maintenance and Storage Facility (at Conlins Road) via underground tracks which will connect to the Sheppard East LRT and Sheppard East at surface via a portal located on Sheppard Avenue, east of Progress Avenue.

The Process

The environmental impact of this transit project was assessed and an Environmental Project Report prepared according to the transit project assessment process prescribed in Ontario Regulation 231/08, Transit Projects and Greater Toronto Transportation Authority Undertakings.

The Environmental Project Report for the SRT project will be made available for a 30-day review period beginning August 4, 2010 on the project website: www.toronto.ca/transitcity (Extension of the Scarborough Rapid Transit & Kennedy Station Improvements) and at the following locations:



City of Toronto
City Clerks Office Toronto City Hall
100 Queen Street West, 10th Floor
West Tower
Toronto, ON M5H 2N2
416-392-8032

City of Toronto
City Clerks Office Scarborough Civic Centre
150 Borough Drive, 3rd Floor
Toronto, ON M1P 4N7
416-396-7088

Toronto Transit Commission
Transit City Department
5160 Yonge Street, 3rd Floor
Toronto, ON M2N 6L9
416-397-8872

Toronto Public Library
Kennedy/Eglinton Branch
Liberty Square Shopping Plaza
2380 Eglinton Avenue East
Toronto, ON, M1K 2P3

Toronto Public Library
McGregor Park Branch
2219 Lawrence Avenue East
Toronto, ON, M1P 2P5
416-396-8935

Toronto Public Library
Burrows Hall Branch
1081 Progress Avenue
Toronto, ON, M1B 5Z6
416-396-8740

Ministry of the Environment
Environmental Assessment & Approvals Branch
2 St. Clair Avenue West, Floor 12A,
Toronto, ON M4V 1L5
416-314-8001
1-800-461-6290

Ministry of the Environment
Central Region Office
5775 Yonge Street, 8th Floor
North York, ON M2M 4J1
416-326-6700

Toronto Public Library
Malvern Branch
30 Sewells Road
Toronto, ON, M1B 3G5
416-396-8969

There are circumstances where the Minister of the Environment has the authority to require further consideration of the transit project, or impose conditions on it. These include if the Minister is of the opinion that:

- The transit project may have a negative impact on a matter of provincial importance that relates to the natural environment or has cultural heritage value or interest; or,
- The transit project may have a negative impact on a constitutionally protected Aboriginal or treaty right.

Before exercising the authority referred to above, the Minister is required to consider any written objections to the transit project that he or she may receive within 30 days after the Notice of Completion of the Environmental Project Report is first published.

Interested persons are encouraged to review the project documents and provide comments by September 3, 2010. Comments and concerns may be directed to the project contacts listed below. If you have unresolved concerns, you have the right to submit an objection to this transit project to the Minister of the Environment no later than September 3, 2010 (135 St. Clair Avenue West, 12th Floor, Toronto, ON M4V 1P5, Fax: 416-314-7337, E-mail: Minister.moe@ontario.ca Attn: Minister of the Environment). Although not required, a copy of the objection is requested to be forwarded to the Director and project contacts listed below:

Stephanie Rice
Project Manager
Toronto Transit Commission
5160 Yonge Street, 3rd Floor
Toronto, ON M2N 6L9
srt@ttc.ca
Fax: 416-338-0251

TTY: 416-397-0831
Phone: 416-392-6900
Web:
www.toronto.ca/transitcity
(Extension of the Scarborough Rapid Transit & Kennedy Station Improvements)

Director
Environmental Assessment & Approvals Branch
Ministry of the Environment
2 St. Clair Avenue West,
Floor 12A
Toronto, ON M4V 1L5

Attn: Kevin Plautz,
Project Officer
Email: kevin.plautz@ontario.ca
Phone: 416-314-7184
or 1-800-461-6290
Fax: 416-314-8452

Under the Freedom of Information and Protection of Privacy Act and the Environmental Assessment Act, unless otherwise stated in the submission, any personal information such as name, address, telephone number and property location included in a submission will become part of the public record files for this matter and will be released, if requested, to any person.



Cops say drivers still aren't hanging up

Durham regional police say they continue to catch people with cellphones in their hands while they are behind the wheel.

Police say that between July 24 and Monday, they issued 94 provincial offence notices to motorists found holding or using cellphones while driving

\$125

The tickets carry an out-of-court fine of \$125.

on a highway.

A law making it illegal to use hands-on cellphones

while driving came into effect last October.

There was a three-month grace period before police starting handing out tickets.

Durham police say compliance with the law has been declining throughout this year.

THE CANADIAN PRESS



SEAN KILPATRICK/THE CANADIAN PRESS

► Many drivers aren't heeding a recent law making hands-on cellphones illegal, Durham police say.

1

news



News on the move

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- 2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro
- 3 The codes will direct your mobile browser to relevant content at m.metronews.ca

On the web at metronews.ca



Whale-watching premiers get themselves soaked in Churchill, Man. Video at metronews.ca/canada

Ontario ministers should resign: NDP

► No charges laid yet in raid on government offices ► Probe ongoing

New details about the extent of a corruption probe into three Ontario government ministries prompted the opposition yesterday to demand the resignations of three cabinet ministers.

The OPP's anti-rackets division raided the ministries of Transportation, Economic Development and Trade, and Community and Social Services July 15 as part of a probe into "irregular financial transactions" with outside vendors.

The search warrants remain sealed, but there were allegations government employees accepted cash and other kickbacks in exchange for inflating the value of government maintenance contracts and for telling one vendor the level of any competing bids.

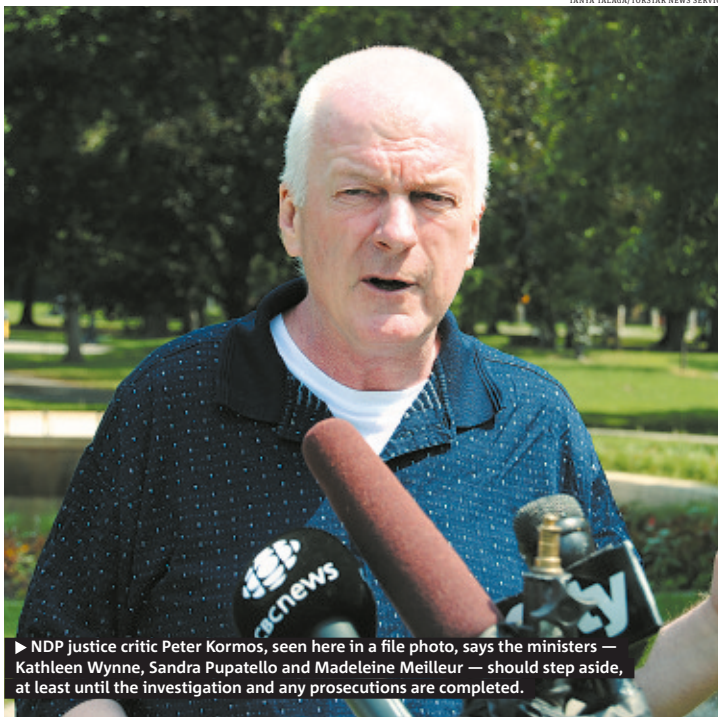
THE CANADIAN PRESS

Police statement

- In an overview filed with the court, provincial police said the probe involved "various criminal offences" by Ontario civil servants in the three ministries, as well as outside contractors who cleaned carpets in government buildings.
- "Employees of two facility management companies, SNC Lavalin Profac and CB Richard Ellis, are also believed to have been involved in the alleged criminal offences, along with a vendor of record who provided services to government," stated the police overview.

\$400,000

The total amount of the fraud uncovered so far is about \$400,000, the police document alleged.



TANYA TALAGA/TORSTAR NEWS SERVICE

► NDP justice critic Peter Kormos, seen here in a file photo, says the ministers — Kathleen Wynne, Sandra Pupatello and Madeleine Meilleur — should step aside, at least until the investigation and any prosecutions are completed.

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Officials hope Scott Pilgrim can lure tourists

► Much-anticipated film opens nationwide Aug. 13

Tourism officials are hoping Michael Cera's upcoming comedy *Scott Pilgrim vs. the World* will do for Toronto what *Twilight* has done for Forks, Wash., and *Sex And The City* has done for New York.

Federal, provincial and municipal tourism agencies have teamed up with Universal Pictures to promote the new film, which is set in Toronto and features local hallmarks including Lee's Palace, Casa Loma and the TTC.

They've launched a website that features a video podcast of Cera and co-stars Alison Pill and Jason Schwartzman talking about the city. There's also a contest offering the chance to win a *Scott Pilgrim*-themed travel package. The initiative follows an explosion of tourists that have converged on the tiny town of Forks, where Stephenie Meyer's vampire book series is set, and the kitschy New York City bus tours that take fans to bars and stores featured in *Sex And The City*'s TV episodes and movies.

Scott Pilgrim vs. the World is based on the comic book series by former Toronto resident Bryan Lee



► Scott Pilgrim (Michael Cera), left, and Ramona Flowers (Mary Elizabeth Winstead), two of the central characters in the action-comedy film *Scott Pilgrim vs. the World*.

O'Malley and centres on a slacker's quest to win the girl of his dreams.
THE CANADIAN PRESS



For more information, visit torontolovesscott-pilgrim.com

Construction. Maple Leaf Gardens



► Workers erect scaffolding on the exterior walls of Maple Leaf Gardens at Church and Carlton streets yesterday.

JOHN R. KENNEDY/FOR METRO TORONTO

Gardens transformation underway

Work continued yesterday on the development of the iconic hockey shrine into a Loblaws store and Ryerson University athletic centre. The \$60-million redevelopment project is expected to be completed next year, in time for the Gardens' 80th anniversary.

History

► **DDT** The pesticide DDT, now banned, decimated the peregrine falcon population in the 1960s. DDT weakens egg shells, which leads to breakage during incubation. That effect eventually devastated top-tier predators like falcons and bald eagles.

► **Recovery** Ontario began a program in 1986 whereby falcon chicks were placed on building and cliff ledges. That, combined with the curtailed use of DDT, led to a slow population recovery.

Falcons soaring again

Hurricane, O'Connor and their two chicks nesting behind the big H at a Rexdale hospital are proof Ontario's peregrine falcon population is on the rise. They are one of 10 nesting pairs in the Greater Toronto Area.

The Ministry of Natural Resources is currently conducting a peregrine falcon survey and wants bird lovers to report occupied territories — an area where at least one falcon is known to live.

Lisa Nyman, a biologist

with the ministry, is in charge of the survey.

"Their population is increasing," she said, "and we have confirmed new nests in Ontario this year."

Peregrine falcons were on the endangered list until 2005, when the most recent survey revealed 78 occupied falcon territories in Ontario. But ministry officials think that may jump to 100 when the survey is completed later this year, according to biologist Chris Risley.

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Electrodes may slow Alzheimer's

► Wires linked to pacemaker-like unit ► Batteries last four to five years and must be surgically replaced

A new study suggests deep brain stimulation may help slow progression of Alzheimer's disease in some patients.

The research is still in the very early stages and there is already evidence that it probably wouldn't be useful in patients who slipped from mild cognitive impairment to the moderate stage of the disease.

But senior author Dr. Andres Lozano said there is enough evidence of benefit from the electrical pulses being given off by electrodes implanted deep in the brain that it's worth conducting bigger and better-designed trials to investigate further.

"We have several pieces of data that suggest that there is indeed a signal (of efficacy)," said Lozano, who is a neurosurgeon.

A standard cognitive functioning test commonly known as the "mini-mental" showed that memory actually improved in two of six patients in the small trial. In another, the mini-mental score was the same after a year of deep brain stimulation. With an Alzheimer's patient, one would have expected to see a decline.

But the test scores for



► Dr. Andres M. Lozano demonstrates how electrodes are used to slow the progression of Alzheimer's disease through deep brain stimulation during a press conference at Toronto Western Hospital yesterday.

"It's a horrible disease. It's just frightening to think you'd have to go through it in a nursing home, withering away."

ALZHEIMER'S PATIENT ROBERT LINTON, 64, OF BRAMPTON

two other patients declined by two points — the average decline for Alzheimer's patients is about three points a year. And one pa-

tient's score dropped five points, though Lozano said that patient seemed to be what is called a rapid progressor. **THE CANADIAN PRESS**

Young drivers law challenged

A young Toronto man went to court yesterday to challenge Ontario's new law prohibiting drivers 21 and under from having any alcohol whatsoever in their systems.

Kevin Wiener, 20, filed his application in the Ontario Superior Court of Justice, alleging the law that took effect Sunday violates the Charter of Rights and Freedoms because it is based on age.

"I want to make it very clear that, like all Ontarians, I am absolutely against drunk driving and I'm for safer streets," Wiener said after filing his application with the court.

5 Five young drivers have been issued 24-hour driving suspensions by the OPP since the rule came into effect.

"That does not mean that we should have laws that discriminate on the basis of age."

The government counters that its law requiring all drivers 21 and under to have a zero blood-alcohol content, regardless of their class of licence, is based on scientific evidence showing accidents involving drinking drivers fall off dramatically after age 22.

THE CANADIAN PRESS

News in brief

Injured man identified

CRASH. Police have identified a 23-year-old man from Colborne, Ont.,

who was seriously hurt in a motocross accident. Provincial police say Alexander Abbott suffered back and leg injuries in the crash on private property south of Peterborough last Friday. He may be paralyzed from the waist down.

THE CANADIAN PRESS

Pearson rolls out free WiFi

Toronto's Pearson International Airport is offering free web access to travellers wherever they are in the airport.

Starting Aug. 1, the airport is on a six-month sponsorship agreement with Rogers, said Scott Armstrong, communications manager for the Greater Toronto Airports Authority.

He would not disclose the amount of the contract.

The service is available on all WiFi-enabled devices.

"WiFi was something that people said was very important to them and having free WiFi was important as well," Armstrong said.

There were about five-million WiFi users at the airport in 2009, among 30.4-million passengers.

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THURSDAY, AUGUST 5, 2010

McGuinty pushed eco-fees despite objections: Sources

► Opponents said that while fees to pay for recycling sounded noble, it would be tough sell

DAVID COOPER/TORSTAR NEWS SERVICE

Premier Dalton McGuinty personally pushed for the recycling program that led to eco-fees on consumer products despite objections from at least four of his cabinet ministers, sources have told the Toronto Star.

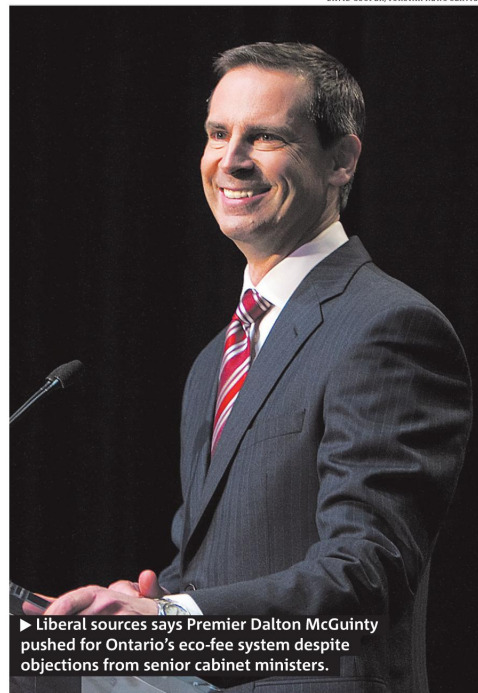
Government insiders said at a February 2008 cabinet meeting, where the doomed scheme was approved, ministers loudly railed against it, fearing political damage to the Liberals.

The senior minister who led the charge warned the premier the policy could spark a backlash if eco-fees were slapped directly on products.

"We can't do this fast enough," countered McGuinty, who had been re-elected with a second massive majority government just four months earlier.

But the minister, whose identity is being protected because cabinet discussions are secret, stood his ground.

He predicted it would be a big mistake to effectively cede taxing powers to Stewardship Ontario, an arm's-length industry group empowered by Queen's Park to oversee recycling.



► Liberal sources says Premier Dalton McGuinty pushed for Ontario's eco-fee system despite objections from senior cabinet ministers.

The revelations undermine the government's claim it was caught off-guard by the fallout over the eco-fees that came into effect on July 1.

The fees were scrapped July 20 amid public outcry and a replacement program will be launched by Oct. 18, 2010.

TORSTAR NEWS SERVICE

Beer sales rise with the heat this summer

Ontario residents are cracking open more cool ones this summer, a trend some are attributing to the hot, sunny weather.

The LCBO says sales of beer and cider from June

30 to July 17 show an increase of 11.5 per cent over the same period last summer.

Chris Layton, a spokesman for the LCBO, says that translates into

about one million more six-packs of beer.

Meanwhile, the Beer Store has seen a three per cent increase over last year's sales in June and July.

THE CANADIAN PRESS

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Illegal fuel transfer blamed for explosion

- Facility was previously told to stop illegal transfers
- Coun. wants report made public

A leak during an illegal propane transfer is to blame for a series of explosions that sent fireballs hurtling into the sky and left two people dead, report excerpts show.

A report by the Ontario Fire Marshal's Office into the 2008 blasts at a Sunrise Propane facility was completed last month, said a city councillor who is urging the agency to make the full report public.

Maria Augimeri, who represents the area in northwest Toronto that was hit by the explosion nearly two years ago, sent five pages of excerpts from the report she said is dated July 9 to media.



"I don't see why it has to be kept from public view. I think that people in the Downsview area are owed an explanation."

COUN. MARIA AUGIMERI, WARD 9

Cease-and-desist

- During an improper "tank-to-tank" transfer, liquid propane leaked from a hose, vaporized and came into contact with an unknown ignition source, resulting in the explosion.
- The excerpts contain blacked-out sections, but it appears as though upon discovering the leak someone "ran from the area leaving all the valves open and hoses connected ... He advised us that he made no attempt to activate the emergency shut-off."
- The Technical Standards and Safety Authority had previously issued a cease-and-desist order on Sunrise instructing it to stop tank-to-tank transfers.

But it wasn't immediately clear how she obtained the report, which she held at a news conference yesterday.

"We want closure and we're certainly not going to get closure in this community with a report like this that's still being kept in the shadows."

Augimeri is calling on the provincial government to let municipalities decide where propane depots can be located.

Thousands of residents were ordered to leave their homes following the early-morning blast Aug. 10, 2008. **THE CANADIAN PRESS**

Couple allegedly carjacked

A Toronto couple was allegedly carjacked and robbed of a large quantity of cash after returning to their car from a bank.

The couple were in Toronto's north end when an armed man allegedly

\$100K A Toronto couple who was allegedly robbed after leaving the bank was reported to have been carrying \$100,000. Police will not confirm the estimate.

robbed them at around 1:30 p.m. Tuesday. Reports said police are looking for a white male in his 40s.

THE CANADIAN PRESS

Police rescue 17 after boat capsizes

Toronto police fished 17 people out of Lake Ontario after their dragon boat capsized while they tried to help a canoeist who had ended up in the water.

The canoeist was thrown into the lake by a wave.

Sgt. Ray Meech said 17 people got into a dragon boat and paddled out to help the canoeist, and their boat also hit a wave and capsized.

Police helped the 17 boaters out of the water, while the canoeist made it to shore on his own.

Everyone is fine.

THE CANADIAN PRESS

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Pickton jury didn't hear of one victim who escaped death

► 20 first-degree murder charges stayed against serial killer

Each of the six women who Robert William Pickton murdered has a story. Thousands of pieces of evidence seized in the case tell a story as well.

There are even the words of Pickton himself, a self-professed simple man, a pig farmer, who suddenly found himself infamous.

But even though the jury heard all of these stories during Pickton's year-long trial, they are not the full story of his crimes.

The jury was warned the case was like a horror movie, but they only got the edited version.

What happened to the other 20 women he was charged with killing couldn't be shared at the trial.

Nor could the story of the one who got away.

The publication bans on evidence from his preliminary hearing have been lifted, though some restrictions remain in place about arguments jurors never heard.

What the jury wasn't told is there was someone who escaped.

In 1997, a woman got into Pickton's car and went out with him to the farm in Port Coquitlam in exchange for \$100.

She testified at Pickton's preliminary hearing that after they had sex, he came up behind her and slipped a handcuff onto

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one of her wrists.

She grabbed a knife and slashed him across the neck and arm before bolting out of the house and down the road.

The woman, whose name remains banned from publication, was taken to hospital by a couple driving down the road adjacent to the property.

The woman's story was never told at trial.

THE CANADIAN PRESS

Natives. Help needed



► First Nations leader Shawn Atleo speaks yesterday as Manitoba Premier Greg Selinger looks on.

JOHN WOODS/THE CANADIAN PRESS

A plea to end poverty

Shawn Atleo, national chief of the Assembly of First Nations, says improving learning for natives will lift them out of poverty. Canada's premiers and native leaders, meeting in Churchill, Man., asked Ottawa to help improve education for aboriginals.

Passport to crisis?

Canada's passport agency "remains vulnerable to crises," an internal evaluation warns.

It says Passport Canada will continue to face periodic calamities unless the federal government

revamps its funding and overall organization.

The report says the agency is hurt by poor planning, management, communication and reporting practices.

THE CANADIAN PRESS

Gay couples celebrate California ruling

A U.S. federal judge overturned California's gay-marriage ban yesterday in a landmark case that could eventually force the U.S. Supreme Court to confront the question of whether same-sex couples have a constitutional right to wed.

The ruling by Chief U.S. District Judge Vaughn Walker touched off a celebration outside the courthouse. Gay couples waved rainbow and American flags and erupted with cheers in the city that has long been a magnet for gays. Walker made his decision in a lawsuit filed by two gay couples who claimed the voter-approved ban violated their civil rights.

The ruling "vindicates the rights of a minority of our citizens to be treated with decency and respect and equality in our system," said former U.S. solicitor general Theodore Olson. THE ASSOCIATED PRESS



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Travel Sep 22 - Sep 30/ts + taxes & fees \$410

New York + taxes & fees \$224

Travel Aug 31 - Sep 7/pd + taxes & fees \$126

Frankfurt + taxes & fees \$249

Travel Sep 22 - Sep 30/ts + taxes & fees \$337

New Orleans + taxes & fees \$250

Travel Nov 8 - Nov 15/ws + taxes & fees \$124

Paris + taxes & fees \$319

Travel Oct 2 - Oct 16/ts + taxes & fees \$363

Los Angeles + taxes & fees \$355

Travel Sep 16 - Sep 23/dl + taxes & fees \$131

San Francisco + taxes & fees \$389

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Canada & USA Vacations

Florida Air + 7-Day Car
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+ taxes & fees \$244

INCLUDES roundtrip air to Orlando and a 7-day car rental to explore Florida. Travel Sep 5 - 12/swg/wg.

Montreal Labour Day Weekend + taxes & fees included

Air + 3 Nights Hotel Travelodge Montreal Centre

INCLUDES central accom with breakfast. Departs Sep 2/ggv.

1000 Islands 2 Nights + taxes & fees included

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New Orleans Air + 4 Nights + taxes & fees \$439

Sheraton New Orleans Hotel + taxes & fees \$122

Chicago Labour Day Weekend + taxes & fees \$449

Air + 3 Nights 4-Star Hyatt Regency Chicago + taxes & fees \$116

INCLUDES central accom close to shopping and entertainment. Departs Sep 3/ggv/ac.

California Air + 7-Day Car + taxes & fees \$479

INCLUDES air to Los Angeles, return from San Francisco and 7-day car rental with unlimited mileage. Travel Aug 24 - 31/ggv/dl.

New York Food & Wine Festival + taxes & fees \$769

Air + 3 Nights Courtyard by Marriott Upper East Side + taxes & fees \$121

INCLUDES Manhattan accom during the New York City Food & Wine Festival. Departs Oct 7/ggv/ac.

Cruise Vacations

Tahiti 10-Night Cruise
\$1129

Royal Princess + taxes & fees \$94

CRUISE roundtrip Papeete (double overnight) and visit Huahine, Rangiroa, Raiatea, Bora Bora (overnight) & Moorea. Sails Nov 29/pcl.

Western Caribbean 7-Night Cruise + taxes & fees \$369

Carnival Valor + taxes & fees \$92

CRUISE roundtrip Miami and visit Grand Cayman, Cozumel, Roatan & Belize City. Sails Nov 14/crv.

Mediterranean 7-Night Cruise + taxes & fees \$619

Navigator of the Seas + taxes & fees \$80

CRUISE roundtrip Rome (Civitavecchia) and visit Genoa, Nice, Barcelona, Palma De Mallorca & Cagliari. Sails Aug 29/rcf.

Hawai'i 12-Night Cruise + taxes & fees \$1029

Carnival Spirit + taxes & fees \$82

CRUISE from Honolulu to Ensenada & visit Kauai, the Big Island (2 days) & Maui (overnight). Sails Sep 26/crv.

Family Vacations

Niagara Falls 1 Night + Waterpark + taxes & fees \$58

Great Wolf Lodge + taxes & fees included

INCLUDES family suite accom with waterpark pass. Price per person based on a family of 4.

Departs Sep 25/ggv.

Orlando Air + 7 Nights + taxes & fees \$149

Comfort Inn Lake Buena Vista + taxes & fees \$244

INCLUDES accom near Walt Disney World Resort. Price per person based on a family of 4.

Departs Sep 19/swg/wg.

All-inclusive Vacations

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Departs Sep 13/swg/wg.

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Be Live Grand Marien + taxes & fees \$332

Departs Sep 3/vat/c6.

Mayan Riviera 7 Nights 4.5-Star + taxes & fees \$415

Grand Coco Bay + taxes & fees \$287

Departs Sep 9/swg/wg.

Jamaica 7 Nights 4-Star + taxes & fees \$457

Holiday Inn Sunspree Resort Montego Bay + taxes & fees \$279

Departs Sep 11/nol/ts.

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► Pakistani villagers pull their belongings through deep floodwater yesterday on the outskirts of Dera Ghazi Khan, Pakistan.

Life in Pakistan demolished after rain, floods

- UN scrambles to provide assistance to 3.2 million
- Country already struggling with Islamist militancy

Flooding ravaged hundreds of villages in Pakistan's main province of Punjab yesterday, destroying homes, soaking crops, and threatening more lives. Aid workers warned that bloated rivers would surge south soon, flooding more areas.

The rush of muddy water over river banks in Punjab threatened to destroy vast stretches of crops that make the province Pakistan's breadbasket. The loss of farm produce is one reason the UN has warned of serious food shortages, and the

More rain expected

The monsoon season has caused the worst flooding in Pakistan in living memory.

- It has already killed more than 1,500 people.
- The country gets an average 137 mm worth of rainfall during the monsoon season. This year, it already has received 160 mm, according to the head of the National Weather Forecasting Center in Islamabad.

World Food Program has estimated that 1.8 million people will need to be fed over the next month.

Rescue workers have struggled to deliver aid due to washed-out bridges and roads and downed communication lines.

Several foreign countries, including the United States, have stepped in to help. But many flood victims have complained that aid is not reaching them fast enough, or at all, expressing anger that could grow as flooding spreads to new areas.

THE ASSOCIATED PRESS

MANCHESTER, CONN.

Gunman reportedly stole beer

The warehouse driver who fatally shot eight co-workers at a beer distributorship before killing himself apparently targeted managers who had hired a private detective to tail him and forced him to resign because he stole beer from work, police said yesterday.

THE ASSOCIATED PRESS

Smog, wild fires ravage Russia

Moscow was engulfed yesterday by the thickest blanket of smog yet this summer, an acrid, choking haze from wildfires that have wiped out Russian forests, villages and a military base. Passengers on Moscow's subway said the eye-stinging haze hovered above the platforms, and city hall warned of health risks from the smoke, which is carrying harmful

48 At least 48 people have died across central and western Russia in the hundreds of wildfires that continue to blaze.

gases including carbon monoxide.

To the east, firefighters focused on beating flames back from a top-secret nuclear research facility.

In the capital, President Dmitry Medvedev fired several high-ranking military officials over what he called criminal negligence in fires that ravaged a military base.

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News in brief



Cyber predator gets 10 years

SENTENCE. One of Canada's worst cyber predators who targeted 55 teenage girls has been handed a 10-year prison sentence.

Nicolas Stone used the Internet to lure young girls — aged between 12 and 17 — and would encourage them to get undressed in front of their webcam. He then convinced a number of the girls to meet him in person and engage in sex acts. **THE CANADIAN PRESS**

Biofuel data unclear: Report

ENVIRONMENT. A new re-

port says the biofuels industry leaves a hazy ecological footprint because each facility measures its environmental performance differently.

This makes it difficult for the government to gauge the effect that ethanol and biodiesel have on the environment.

THE CANADIAN PRESS

Nine charged in tower protest

CALGARY. Police say nine people have been charged following a Greenpeace protest at the Calgary Tower.

Officers were called to the popular tourist attraction Tuesday morning after several Greenpeace protesters rappelled from the top of the tower to hang a banner criticizing the oil industry.

Investigators say they believe the protesters got into the tower through a ground-level emergency exit that was opened from the inside by other protesters.

THE CANADIAN PRESS

Stiffer time for mobster crime

► Move enacted by federal cabinet ► Will apply to 11 charges including those related to drugs, gambling and prostitution

THE CANADIAN PRESS FILE PHOTO



"You have a government that's entire solution — its whole tool kit — is all focused just on locking people up. All the things that we know work, we know save money, save lives ... they ignore."

LIBERAL MP MARK HOLLAND

makes it a serious crime," Nicholson said in a statement.

"These regulations will help ensure that police and prosecutors can make

full use of the tools in the Criminal Code that are specifically targeted at tackling organized crime."

Not only could the penalties become more severe for those crimes, but police would also have broader powers to investigate them.

The opposition expressed qualified support for the move. But it accused the government of using crime as a political football. It said the government ignores any expert advice on crime prevention — and seeks only to score points with voters by promising to toss criminals in jail for longer.

THE CANADIAN PRESS

The federal government says it's toughening the Criminal Code by increasing the number of acts designated as serious offences, making it easier to prosecute and extend jail terms for things like illegal gambling.

Justice Minister Rob Nicholson announced the changes at a news conference yesterday.

The move is billed as a strike against organized crime that will target activities linked to criminal gangs.

The new rules will focus on crimes currently not considered serious offences — such as illegal gambling, and specific

prostitution and drug-related charges.

"The fact that an offence is committed by a criminal organization

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► Justice Minister Rob Nicholson, accompanied by Senator Pierre-Hughes Boisvenu, announces the enactment of new regulations yesterday in Montreal to strengthen the ability of law enforcement to fight organized crime.

Pathologist raises concerns: Probe

Provincial investigators probing unnecessary surgeries in southern Ontario said yesterday they had "significant concerns" with the work of a pathologist involved in a mistaken mastectomy case.

After reviewing more than 6,000 cases stretching back to 2003, investigators say they had concerns about certain diagnoses by Dr. Olive Williams and the quality of some of her reports.

Medical experts had moderate or major disagreements with the original diagnosis in 221 of Williams' cases, 45 of which warranted "further investigation, treatment or patient follow-up," the report said.

Eight of the 45 mastectomy patients needed further follow-up, with some needing additional investigation and or treatment, it added.

THE CANADIAN PRESS

Mistakes



The 74-page report cleared Dr. Barbara Heartwell, the surgeon involved in the two mistakes.

en mastectomies.

► **Report** The report urged the hospitals to streamline, centralize and standardize their pathology work, adding doctors needed to continue training to keep up-to-date with modern practices and reporting methods.

► **Investigation** Laurie Johnston of Leamington, Ont., (pictured) had a mastectomy last November from Heartwell, who admitted she misread the results of a needle biopsy.

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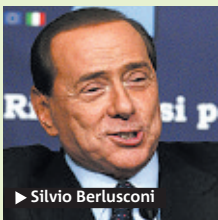
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News in brief



► Silvio Berlusconi

Premier's majority strong

ROME. Premier Silvio Berlusconi yesterday survived his first test in parliament since the breakup with a powerful ally, a victory that leaves his conservative government safely in place at least until after the summer.

THE ASSOCIATED PRESS

5 police killed within 2 days

MAKHACHKALA, RUSSIA. Officials in Russia's violence-plagued republic of Dagestan say three

police officers have been killed in attacks.

Dagestan is hit by near-daily violence between police and attackers believed to be separatist insurgents. A spokesman said two policemen were killed the previous day.

THE ASSOCIATED PRESS

No attempted assassination for president

TEHRAN, IRAN. Iran's official news agency said yesterday that an explosion near the president's convoy was just an excited fan setting off fireworks, denying earlier reports of an assassination attempt.

THE ASSOCIATED PRESS

Border Services looking for actors

OTTAWA. The Canada Border Services Agency is holding a casting call for 55 men and women to act as travellers to help train newly hired border guards.

Corrupt Afghan police change stripes

BILL GRAVELAND/THE CANADIAN PRESS



► A group of Afghan National Police prepare to leave on a patrol last month from a Canadian operating base in the Panjwaii district.

► Reconstruction team addresses training, wages and ethics

They were once Afghanistan's "Keystone Kops" — incompetent, corrupt, poorly trained. But the Afghan National Police may have started to turn the corner, according to Canadian military and police trainers.

Members of the ANP themselves used to be at the mercy of corrupt officers who would siphon off a portion of their salaries, which were paid out only intermittently.

That problem has now been resolved with the use of automatic bank deposits and individual bank cards.

"You're taking away that ability or incentive to do so," said Supt. Al Trainor, head of Civilian Policing (CIVPOL) at the Provincial Reconstruction Team in Kandahar city.

Policing the police

A survey by Integrity Watch Afghanistan said corruption has doubled since 2007, with bribes totalling approximately \$1 billion US.

Canadian Brig.-Gen. Craig King, head of mid- and long-term planning for Regional Command South, said Afghan police are often hired and put on the job immediately with little or no training.

"It was all done for the reasons that made sense at the time," he said. But he added in the course of the next six months there will be more than 2,000 police trained just for Kandahar city and its environs.

THE CANADIAN PRESS

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BP a step closer to containing oil spill

► 'Static kill' forces mud down the well, which forces crude back to its source for the first time since April 20 ► Still more containing to be done

Doubt in the Gulf

► Charter boat captain Randy Boggs, of Orange Beach, Ala., said yesterday he has a hard time believing BP's claims of success with the static kill and similarly dismissed the idea that only one-quarter of the oil remains in the Gulf.

► "There are still boats out there every day working, finding turtles with oil on them and seeing grass lines with oil in it," said Boggs, 45.

► BP won't know for certain whether the static kill has succeeded until engineers can use the soon-to-be-completed relief well to check their work.

BP claimed a milestone yesterday in effort to plug its blown-out well as a government report said nearly three-quarters of the oil — 575 million litres — has been collected at the well by a temporary containment cap, been cleaned up

or chemically dispersed, or naturally deteriorated, evaporated or dissolved.

BP PLC reported that mud forced down the well overnight was pushing the crude back down to its source for the first time since the Deepwater Hori-

zon rig exploded off Louisiana April 20.

Federal officials said they still need to pump in mud and then cement from the bottom of the well, and that won't happen for several weeks.

THE ASSOCIATED PRESS

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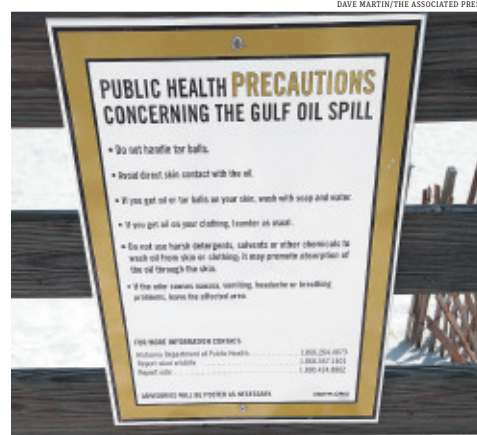
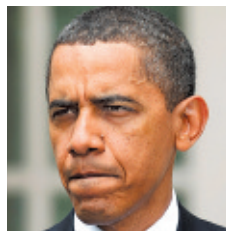
U.S. President Barack Obama is applauding headway that has been made to stop the worst U.S. oil spill, saying the Gulf of Mexico operation is "finally close to coming to an end."

He said people's lives "have been turned upside down" as a result of the

April 20 BP spill, but said he was heartened by indications the spill is, at last, being brought under control. But White House spokesman Robert Gibbs said, "There's a lot of reasons why there's no 'mission accomplished' banner."

THE ASSOCIATED PRESS

U.S. PRESIDENT BARACK OBAMA GULF OIL SPILL



► Shoes sit on a boardwalk next to a public health warning sign in Orange Beach, Ala., earlier this week. With just a few weeks left before school starts, and many tourists having already made other plans, business owners say the remaining time before Labour Day will largely do nothing to keep them afloat.



Excuse me, sir, can you get off our gold mine?

A man who lives on a gold mine has been ordered by a Quebec judge to leave his home. Ken Masse's childhood house is the last obstacle standing in the way of a multibillion-dollar mining project in the town of Malartic.

A Superior Court judge awarded Osisko Mining Corp. possession of Masse's home after the company requested an emergency court decision.

In a ruling presented Tuesday, Judge Robert Dufresne wrote that Masse's house is preventing key preparation work for the mining project from moving forward.

Masse had been scheduled to appear in court next month to fight a government expropriation or-



► Ken Masse holds a rock he says contains gold. He has been ordered by a Quebec judge to leave his home.

der.

The former Malartic municipal councillor says he turned down a \$350,000 offer from Osisko for his \$14,000 house.

According to court doc-

uments, the family had been seeking \$1 million from the mining company.

A provincial tribunal will determine compensation for the home.

THE CANADIAN PRESS

Cattle raid causes bloodshed

A cattle raid in southern Sudan possibly sparked by the region's high bride price — 100 cows or more — left 21 people dead, an official said yesterday.

Cattle raiders had attempted to steal hundreds of cattle but were killed during the attempt by the tribe they were attacking, said Maj. Gen. Kuol Deim Kuol, a spokesman for the Sudan People's Liberation Army. He said one community member was killed during the attack. THE ASSOCIATED PRESS

Southern Sudan

► Last year, violence in southern Sudan killed an estimated 2,500 people, according to the UN.
► In January, oil-rich southern Sudan votes on a referendum that is widely expected to see the region secede from the Khartoum-led north.

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BIO-FEN PLUS™ is a natural health product used in the treatment of hereditary androgenic alopecia (AGA) in adults (*male or female pattern baldness*.) It contains scientifically calculated proportions of extracts of fenugreek seeds, saw palmetto berries and flax lignans. Each are known to possess an inhibitor of the enzyme responsible for causing male or female pattern baldness. It also contains a mixture of B vitamins, folate and biotin to help metabolize these herbal extracts so that they are more bio-available, and to support the growth of strong and healthy hair.

How does BIO-FEN PLUS™ work?

Specific compounds within the herbal extracts inhibit the 5-alpha-reductase (*and therefore reduce DHT*) to prevent or slow down the rate of hair loss. This process is the principle by which the prescription drugs such as Propecia (*finasteride*) work. However, BIO-FEN PLUS™ also contains additional compounds which remove excess cholesterol and testosterone – the building blocks of DHT.

BIO-FEN PLUS™ also contains vitamins to increase blood flow to the small capillaries that feed the hair roots, to deliver the active herbal compounds and remove waste.

Therefore, BIO-FEN PLUS™ provides a natural, safer alternative to expensive drugs, and/or expensive & painful hair transplants. As with the prescription alternatives, results vary from person to person, and no one product will work for everyone.

How long must I use BIO-FEN PLUS™ ?

BIO-FEN PLUS™ capsules are usually effective at stopping hair loss within the first two months. However, since healthy hair grows only about 1 cm each month, it may take up to three months before you notice that hair growth is increased or further hair loss is stopped.

Anyone experiencing new growth will see it within four to six months. Once results become apparent, some users are able to reduce their BIO-FEN PLUS™ supplement dose to one capsule every second or every third day. Some clients will continue to take BIO-FEN PLUS™ daily. Once you stop completely, however, your hair growth pattern will slowly go back to the point where you started.



How safe is BIO-FEN PLUS™ ?

The ingredient combination in BIO-FEN PLUS™ is generally safe for most adults. However, the following cautions are advised:

Folic acid: Consult a health care practitioner if you are uncertain whether or not you are taking adequate vitamin B12, as folate supplementation can mask a Vitamin B12 deficiency.

Vitamin B3: Consult a health care practitioner prior to use if you have impaired liver function.

Vitamin B6: Consult a health care practitioner prior to use if you are taking levodopa.

What is the quality of BIO-FEN PLUS™ ?

BIO-FEN PLUS™ is manufactured in Canada according to a quality assurance program called Good Manufacturing Practices (GMP). This ensures that the ingredients are tested for their level of quality, potency & purity, prior to production and again prior to sale.

See our website to locate your nearest Health

Food Store or Pharmacy that offers BIO-FEN PLUS™ and other quality products from Hair Grow Technology.

If you have any questions or comments about our products that target hair loss and support the growth of strong, healthy hair, please do not hesitate to contact us.

www.biofen.com

Available at Health Food and Supplement Stores

RIM in a tricky spot

► Company won't compromise on customer privacy ► Facing ban on BlackBerrys in several countries

Research In Motion faces challenges for growth in emerging markets like the Middle East with looming bans on BlackBerry email and messenger services by restrictive governments.

RIM said it has no intention of compromising security on the device, which has helped drive the

company's reputation worldwide.

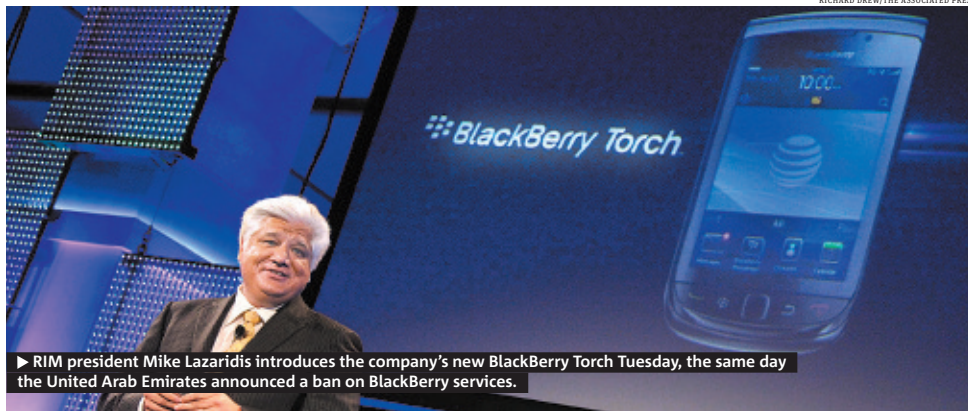
Saudi Arabia plans to shut down BlackBerry services tomorrow. The United Arab Emirates has announced it will shut down BlackBerry data and messaging functions in October.

Indonesia is threatening the same. China and India have similar issues with Research In Motion.

Analyst Matthew Thornton of Avian Securities said RIM would rather lose the business than compromise the security of its devices.

"I think this is limited to some of the newer relationships in countries where government tactics and government practices may be a little different," Thornton said.

All of this comes into



► RIM president Mike Lazaridis introduces the company's new BlackBerry Torch Tuesday, the same day the United Arab Emirates announced a ban on BlackBerry services.

Security

RIM's computer servers are overseas and these governments don't have local control or access to users' content.

► **Monitored** In countries such as UAE, websites and some forms of media are monitored by the government for content.

the spotlight as competition heats up for RIM in North America with Apple's iPhone and Google-powered Android smartphones.

The BlackBerry maker introduced a new touch-screen phone with a pull-out keyboard and a faster Internet browser to win over more consumers.

"There's going to be some tough negotiations and there's probably a lot of different points that have to be hammered out, but I have a tough time not seeing a resolution," Thornton said.

Shares in Research in Motion dropped more than 3.5 per cent yesterday.

THE CANADIAN PRESS

Market moment

DOLLAR	Natural gas	OIL	TSX
↑	1,000 cu ft + 9.8¢ US \$4.737	↓	↑
+ 0.60¢ US 98.27¢	Gold + \$8.50 US \$1,193.70	— \$0.08 US \$82.47	+ 62.45 11,845.05

News in brief



Earnings up for Adidas

WORLD CUP. Sportswear maker Adidas AG is raising its full-year earnings forecast after the World Cup helped drive up second-quarter revenues and profit.

Adidas said yesterday that it now expects earnings per share for the full year of between \$3.29 and \$3.45 US, compared with a previous forecast of between \$2.70 and \$3.03.

THE ASSOCIATED PRESS

Jazz preps for snowbirds

TRAVEL. Jazz Air Income Fund is gearing up for the November launch of service to winter hot spots on behalf of

Thomas Cook Canada.

The owners of Air Canada's regional affiliate Jazz Air LP have started to seek pilots and expect to begin flight crew training in September for at least six Boeing 757-200 aircraft that will carry Canadians to southern destinations through April.

THE CANADIAN PRESS

CPP invests in London

REAL ESTATE. The Canada Pension Plan Investment Board is partnering with European real estate firm Hammerson to buy a long leasehold on an eight-floor office building in London in a deal worth about \$295.9 million.

The CPPIB would own 70 per cent of the joint venture, representing a \$206.9-million investment.

THE ASSOCIATED PRESS

Auto sales rise in July



Scan code for the story

Rogers buys into online publishing

Rogers Communications Inc. is becoming an equal partner in a joint venture that's commercializing TOPS, the online publishing system used to run a number of websites owned by Torstar Corp.

Financial terms of the agreement weren't disclosed by the two Toronto-based media companies.

The system has been used for more than four years by Thestar.com, the Internet edition of Torstar's flagship newspaper. It's also used by Metro News of Canada, Toronto.com and news sites for Torstar's Metroland Media papers.

THE CANADIAN PRESS

Affiliates

Citytv.com, Flare.com and 680News.com, which are the Internet affiliates of Rogers-owned television, magazine and radio operations, respectively, have been using the Total Online Publishing Solutions system since last year.

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PLANTING FEET FIRMLY IN THE BIG CITY

He says ...

JOHN MAZEROLLE



I've lived in Toronto long enough that I'm starting to forget what it's like to be from the Maritimes. The ways of the East Coast are giving way to the rhythm of the Golden Horseshoe.

Believe me: New Brunswick to Toronto is a gear shift that will junk your emotional engine if you're not careful. New Brunswickers are a conservative sort, but friendly and trusting. We put chastity belts on our daughters, but we leave the key in the lock.

Meanwhile, Torontonians are socially liberal, but not liberally social. We always have an aura of busyness, even when all we're doing is playing games on our

iPhones.

I use "we" to describe both New Brunswickers and Torontonians because, right now, I feel like I have a foot in each province.

That can make me feel off balance because it's a bit like having one foot in a canoe and the other on a Great Lakes vessel.

For example: In certain Toronto neighbourhoods crime is a given.

Compare that with my hometown Saint John, N.B., where as far as I know there has been one murder charge in the last two

years, the accused was acquitted and — this is true — the weapon was a sword.

"I feel like I have a foot in each province. That can make me feel off balance because it's a bit like having one foot in a canoe and the other on a Great Lakes vessel."

In New Brunswick, even front-page violence is quaint. It makes you wonder what the police will do when Saint John's criminals discover the musket.

Sergeant: His firestick is no match for our chain mail, men! Put away your slingshots and run!

Another big difference between the two regions is that, in Saint John, there is no racial tension. Because there are no

racism. You can't start a fire in a vacuum.

Do you know what we call black people in New Brunswick? We call him "Daryl." Because that's his name.

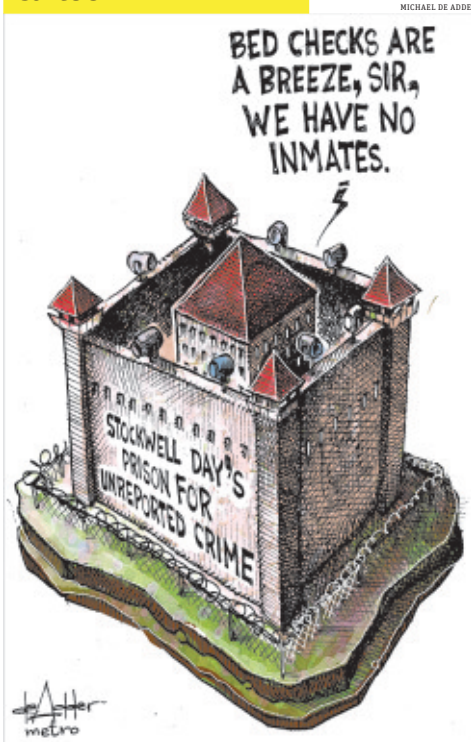
So, two years in Toronto has been an experience. And, now, for the first time the big city is becoming the "new normal."

When I moved here, Toronto houses were too close together, but now it's the homes in New Brunswick that seem amusingly far apart.

Eight lanes of traffic in the middle of a city seems normal now, when before I had gawked at it like it was *Blade Runner*.

Soon, both feet will be in Toronto. But I know that, no matter what happens, there will always be a little bit of New Brunswick inside me. I'm pretty sure it's asbestos.

Cartoon



Zapping caffeine drinks

Letters & Tweets

HALIFAX. The popularity and increased use of caffeinated beverages among our youth is a growing concern for physicians. It can be easy to over-consume caffeine since many beverages contain above the recommended maximum daily consumption. Some energy drinks contain 360 milligrams of caffeine, more than twice the recommended daily intake.

While many people believe caffeinated beverages will provide increased energy and alertness, there are many risks linked to using them. Health Canada reports that too much caffeine

Energy overload?



can result in electrolyte disturbances, which may cause nausea and vomiting and/or heart irregularities. A small amount of caffeine could also cause sleeping problems, headaches, irritability and nervousness.

Making these drinks less available to youth may help reduce the risk of excessive caffeine con-

sumption.
**JANE BROOKS, PRESIDENT,
DOCTORS NOVA SCOTIA**

We asked: Lady Gaga: Hot or not?

VANCOUVER.
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What's your summer beverage of choice? Why?

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Metro Minute with Lyme & Tings

Now that American Idol has lost both its judges and general human interest, those who need critical commentary to bolster their enjoyment of live musical performance need not despair. Toronto's very own Apollo-style talent competition, Lyme & Tings, returns for its third successful instalment at The Annex Live tonight. Watch as singers,

MCs and spoken-word artists compete for the top prize and bragging rights — provided they can make it past the occasionally brutal but often accurate panel of celebrity judges. Competitors are whittled down to their talented core each Thursday in August until the final heat. Doors open at 7 p.m. at 296 Brunswick Ave. ● JORDANA DIVON



► Lyme & Tings producers Trey Anthony, top, Areta Marshall, top right, and Lisa Michelle.

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2

scene

News in brief



1 Judges at the Special Court for Sierra Leone have rejected a protest from Charles Taylor, clearing the way for model Naomi Campbell to testify at his war crimes trial today. **THE ASSOCIATED PRESS**

2 Barbra Streisand will be honoured as the 2011 Mu-
siCares Person of the Year. **THE ASSOCIATED PRESS**



Scan code for a story on how fan found her Munster match

Director steps up to 3-D challenge

► Filmmaker Chu gets his groove on with technology trends in dance film ► Found top talent by holding auditions through YouTube



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METRO WORLD NEWS IN LOS ANGELES

While filming exciting dance sequences is nothing new to Jon M. Chu, who got his directorial debut with *Step Up 2 the Streets*, the California native faced some new challenges with the next instalment in the series, *Step Up 3D*.

"I'd been to all the lectures, read all the books, read all the articles, but you really don't know 3-D until you literally have it in your hands and you're playing," he says.

"If you mess up focus (on a regular film), you can fix that later. You can say, 'Oh, it's my artistic choice to make it out of focus.' But in 3-D, your audience is going to throw up."

Luckily there haven't

been any reports of audience members losing their lunch just yet.

Chu insists that, the learning curve aside, he was excited about working with the new technology.

"This is a fantasy movie," he says. "We got to push it. The 3-D really helps develop that tone of fantasy."

It also gave him a chance to have some fun at the expense of his young leads, breakdancer Rick Malambri and Australian actress and singer Sharni Vinson.

Beyond the two leads, Chu needed to find a veritable army of dance talent, and he and his team went to great lengths to do just that.

"It's crazy. The dance world is huge," he says. "We did live auditions in New York and L.A., where thousands and thousands of people came out."

The director, whose YouTube dance battle from a couple of years ago became an online sensation, turned to the Internet for casting help as well.

"I also released it on my YouTube channel," he says. "It wasn't a contest, it wasn't anything like that. I just literally said, 'Hey, if you can dance, show me.' And we got thousands and thousands of submissions through that. We hired a couple of people from there."



"Ultimately we were looking for the top of the top. This is the NBA All-Stars of dance."

DIRECTOR JON M. CHU



► *Step Up 3D* — in theatres Friday — is set to push the limits for dance films.

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Album reviews

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To mom with love

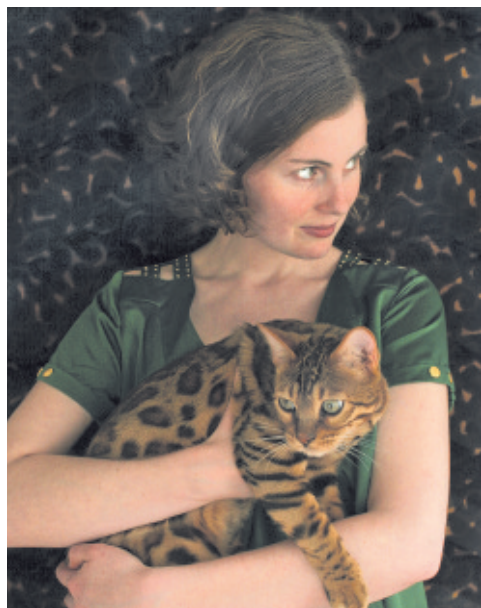
Kathryn Calder

Album: Are You My Mother?

Label: File: Under Music

●●●●●

Until recently, life had been good for Kathryn Calder. The Vancouver-based singer-songwriter found some success with her power pop band Immaculate Machine, but her star really started to rise when she joined the New Pornographers, led by cousin Carl Newman, in 2005. But, two years ago her mother was diagnosed with Lou Gehrig's disease (ALS). Instead of retreating, she did what any good songwriter would do — she wrote a touching solo album dedicated to her mom, which she heard before passing away last year. The music is heartwarming, but it's not a depressing dirge. Tracks like Arrow and opener Slip Away are somber, touching songs — on the latter she sings to her mom, "tell me everything I need to know." Other tunes recall



her power pop leanings — Follow me Into the Hill is an infectious mid-tempo rocker; Castor and Pollux is a bouncy pop tune with a plethora of guitar effects. It's a great solo debut, and there's no doubt she'll make it on her own, but

it's just a start. If she can build on songs like Arrow, which has the best chorus Calder's ever written, she'll be able to give up her day jobs.

Outstanding track: Arrow

● BRYAN BORZYKOWSKI



Tom Jones

Album: Praise & Blame

Label: Universal

●●●●●

Tom Jones has covered a lot of ground, but the legendary crooner will always be remembered for songs like Sex Bomb and She's a Lady. So it's strange to hear him channel Johnny Cash. Praise & Blame is a straight

up country and blues pop record. It's got a haunting, introspective opener in What Good Am I, a rollicking Elvis-like blues number with Strange Things and soothing country gospel on If I Give My Soul. It's not a bad disc, but it's hard to buy the slower numbers. **Outstanding track:** Strange Things ● BRYAN BORZYKOWSKI



Versus

Album: On The One And Threes

Label: Merge

●●●●●

While they weren't one of the more name-dropped bands of the '90s, Versus have returned with their sixth album sounding as if there was no ten-year hia-

tus. They've comfortably settled into their guitars with a mix of crunchy dissonance and snaking melodies. The only problem with On The One And Threes is that it's missing the sort of hook-laden songs needed to find a new audience. **Outstanding track:** Cicada ● CAM LINDSAY



Los Lobos

Album: Tin Can Trust

Label: Shout!

●●●●●

This is a hard-working band of virtuoso talents that undeservedly fell into a quiet zone during the last few years, respected by those in the know but never getting the widespread recognition

they merited. Tin Can Trust doesn't depart from the band's usual mix of traditional Latino and west-coast jam rock. But it's done so well and played so tightly that Tin Can Trust should remind old fans just how good Los Lobos can be. **Outstanding track:** West L.A. Fade-away. ● GRAHAM ROCKINGHAM

The Boss brings film to TIFF

An inside look at Bruce Springsteen's creative process and a 3D film from Werner Herzog are among the documentaries bound for the Toronto International Film Festival.

Festival organizers announced a documentary slate that also includes a new film from The Thin Blue Line director Errol Morris, who explores a woman's bizarre search for love in Tabloid.

Springsteen is the focus of Thom Zimny's The Promise: The Making of

Darkness on the Edge of Town, while Herzog captures in 3D the earliest known pictorial creations of the Chauvet caves in southern France in Cave of Forgotten Dreams, and Alex Gibney investigates the sex scandal that forced New York's governor to resign in Client 9: The Rise and Fall of Eliot Spitzer.

TIFF programmer Thom Powers says the range of docs touch on subjects including the war in Afghanistan, the bank-

Toronto on film

► The film festival runs from Sept. 9 until Sept. 19.

ing crisis, and the future of energy.

High-profile feature films already announced for the fest include new offerings from directors Robert Redford, Woody Allen and Mike Leigh, and stars Nicole Kidman, Javier Bardem and Robert De Niro.

THE CANADIAN PRESS



TV picks

B.C. families take diet local

DRAMA Six families try to consume only local food and beverages for over three months in the series 100 Mile Challenge. The show is based on the book 100 Mile Diet: A Year of Local Eating and is hosted by authors Alisa Smith and James MacKinnon. (Global) **THE CANADIAN PRESS**

Last dance coming soon

REALITY They're down to the Top 4 on So You Think You Can Dance, where injuries are rampant this season. Frontrunner Lauren, the only female left in the competition, was treated for dehydration last week. On a more positive note, Edmonton-born choreographer Stacey Tookey is nabbing huge kudos on the show. (CTV, Fox) **THE CANADIAN PRESS**



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THURSDAY, AUGUST 5, 2010



► Donnie Yen plays a visiting martial arts expert who comes to the rescue of the downtrodden when needed in Iron Monkey, one of his earlier action films.

He's much more than just a kung fu fighter

► Breakthrough role propels Donnie Yen from shadow of Jackie Chan, Jet Li and Bruce Lee ► Actor becomes most prolific action star in China now

For years, Donnie Yen worked in the shadow of Jackie Chan and Jet Li.

Having fought both on-screen, the actor, 47, was considered a worthy opponent but not necessarily a leading man. But that changed after Yen took on the role of Bruce Lee's kung fu master in the 2008 hit Ip Man.

This year's sequel was al-

so successful, becoming the top-grossing film in China in the first half of 2010. With Chan and Li seeking more dramatic roles, Yen is now the most prolific action star with four releases this year.

Yen says Chinese viewers have tired of the superhuman feats of action heroes like Lee, Li and Chan. "What people want to see is

someone closer to the people, someone with family values ... but at the same time [Ip] excels at kung fu ... He can protect his family," says Yen.

Born in China and raised in Hong Kong and Boston, Yen is capitalizing on his new stardom and has no plans to slow down. The actor — trained by his mother, a martial arts teacher —

is also fight choreographer on all four upcoming productions.

"I want to continue to make breakthroughs in kung fu and action films. Flashy, fierce and fresh fight sequences are no longer the only requirement. Now they also need to move the emotions of the audience," he says.

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Arcade Fire's biggest gig yet

Arcade Fire takes to the stage tonight for what might be the biggest gig the Canadian band has ever played.

This one will be streamed worldwide for free on YouTube. The show is being sponsored by American Express and the credit card company's

branding is impossible to miss. Arcade Fire member Will Butler says the band is conscious that fans will be subjected to some in-your-face advertising, but ultimately thought it was a worthy sacrifice to make. The show is scheduled to begin at 10 p.m. ET.

THE CANADIAN PRESS

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The 2011
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► Glee cast members, from left, Jessalyn Gilsig, Jane Lynch and Jayma Mays, accept the award for "Do Something TV Show" at the 2010 VH1 Do Something Awards in Los Angeles, Monday, July 19, 2010.

More glee for Canuck actors

► As hit show heads into second season, Canadian stars return in roles that will heat up the screen ► Storyline is sure to surprise viewers

Executive producer Ryan Murphy has good news for the Canadians in the cast of Glee.

Storylines for Cory Monteith (Finn) and Jessalyn Gilsig (Terri) are heating up as the TV musical sensation — named outstanding show of the year by television critics — heads into a second season.

Gilsig's character, who last season split with hub-

by and glee club coach Will Schuester (Matthew Morrison), seemed to be out of the mix.

Look for the character to re-emerge this fall as Terri decides to get back at Will by hooking up with somebody "who will make him incredibly jealous."

This was news to Gilsig who was among several Glee cast members at Fox's press tour party Monday at

the Santa Monica pier. The cast is just returning from a short summer hiatus.

He says the emphasis will shift back to the core characters as the series moves forward, with plans to cut back on musical numbers and put more focus on story.

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Celebrity tweets



Justin Bieber
[@justinbieber]

pretty excited about it and think everyone will enjoy the story and the pics...but we can all agree im a little too young to write a memoir



John Mayer
[@johnmayer]

The 8/31 end of combat will be the 9/1 beginning of making sure our troops come home to a US that cares for them. Believe that.



Kanye West
[@kanyewest]

Twit pic acting up ... I wanna bless yall with this hotel view but it wasn't meant to be I guess

METRO WORLD NEWS

Simpson's dad spoils her Idol aspirations

► New reports surface that Jessica lost her judge spot on American Idol thanks to her meddling father

It looks like Jessica Simpson lost out on taking one of the empty seats on the American Idol judge's panel, and she reportedly has her dad and manager, Joe Simpson, to thank.

When producers approached Joe about having his famous daughter join the team, he reportedly made so many ridiculous demands on her behalf that they decided to move on to Jennifer Lopez, according to Crushable.

A rep for the Simpsons had no comment.

But last week, reports surfaced on several celebrity websites that indicated Simpson had numerous meetings with Idol brass about possibly joining the show for the upcoming 10th season, which kicks off in January 2011.

METRO WORLD NEWS



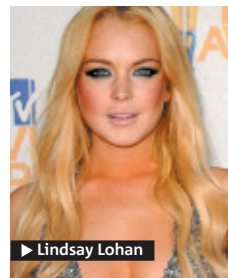
► Dealing with her daddy issues again.

Lohan in photo shoot before jail

Before riding out her 14 days in prison, Lindsay Lohan sat down for an interview and provocative photo shoot with Maxim magazine.

"I am feeling strong. I've experienced a lot in my life, and my mom has given me a lot of faith," Lohan tells the magazine.

She's looking ahead to life after her current 90-day rehab stay, and plans to spend the next year focusing "on myself and my work and to move all press on me to focus on the



► Lindsay Lohan

work I do. Also, I'd like to do more work in India and travel to Malawi."

METRO WORLD NEWS

Sheen gets to skip jail time

Charlie Sheen might have been sentenced to 30 days in jail, but he won't actually be spending that time behind bars — or anywhere, according to TMZ. According to his plea deal, his sentence will be served at a rehab facility in Malibu. METRO WORLD NEWS

Becks wants his bangers

David Beckham has found a way to spend the free time he has since an injury sidelined him. The soccer star is reportedly planning on opening an English styled-restaurant with pal Gordon Ramsey, according to the Daily Star. METRO WORLD NEWS

The 2011 IKEA Catalogue arrives August 5th.



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▶ Walking in long strides was one of the lessons that Elmer Olsen of Elmer Olsen Model Management — sponsors of Canada's Next Top Model — stressed at the recent Bootcamp 2 Bigtime Model Showcase in Toronto.

'Newest and brightest' talent

► Elmer Olsen Model Management recently held its fourth annual Bootcamp 2 Bigtime Model Showcase ► Keynote speakers shared their runway stories and secrets to success

JULIA TEELUCK
LIFE@METRONEWS.CA

The spotlight hit the stage. The packed audience grew silent in anticipation as the graduates of Elmer Olsen's Bootcamp 2 Bigtime stepped onto the runway like seasoned professionals at This is London nightclub.

International modeling agents and other fashion industry professionals perused the fresh new faces. Was the next big star in the industry on the stage?

The models showcased Greta Constantine designs — the females were draped in red dresses and the males were dressed in stylishly cut jeans and tees.

Just hours earlier, the group had gone through Bootcamp 2 Bigtime, a day of training for Elmer Olsen's "newest and brightest" talent. Models were offered a rare opportunity to receive advice from industry experts and to meet major agents from New York, Paris, Milan, London, Germany and Tokyo. Elmer Olsen Model Management

What does it take?



What takes a good model to international stardom?

- She should be 5'10" to 6' — perfect height is 5'11"

is one of the top modeling agencies in Canada and the sponsoring agency of Canada's Next Top Model. The agency held its fourth annual Bootcamp 2 Bigtime Model Showcase last month at the Hyatt Regency hotel in Toronto. The fashion show at This is London concluded the event.

The day started with runway lessons at the Hyatt. "And you girls thought

— with small hips and long, long legs with small ankles, extra slim legs compared to the average. And small busts work better for big designers.

- She must have some sense of magic — perhaps an otherworldliness she projects in her pictures, or a sparkle in the eye. It's so hard to describe, "but trust me, I know it when I see it," says Elmer Olsen. "Think about the unmistakable quality of undone elegance like Daria Werbowy, or the cool tomboy likeability of Amanda Laine."

walking was easy," laughed Olsen as he coached a group of aspiring models in the art of perfecting the walk. "Longer strides," he called out. Runway lessons were followed by a lecture series. Among the speakers were international photographer Christopher Wadsworth, and fashion designers Kirk Pickersgill and Stephen Wong of Greta Constantine.

"It's your agent's or manager's job to get you in the door, and the model's job to take it from there. Clients want to work with someone who has a great personality. If you think about it, they're spending all day and sometimes several days on a shoot, and they want to have someone who's enjoyable and professional to be around."

JESSICA LILLEMOM
SCOUT, DEVELOPMENT DIVISION, IMG, NEW YORK

The speakers all agreed that personality is a key component of success in the business. Personality is expressed as a positive attitude and is crucial to a successful model's career. If a model is having a bad day, she has to carry on as though everything is fine. "Modeling is unbelievably difficult," Olsen said, "because you're always 'on.'" In his speech Wong added, "You have to be professional. It's a job."

Amanda, Jessica, Elise and Taras, all successful Elmer Olsen models, were on hand to share their experiences and offer advice. Models often travel to foreign

cities for international shows. "It can get quite lonely," Elise said. But she reassured the group that the benefits of modeling, like the life experience, far outweigh any difficulties.

Another issue for models is maintaining a required weight. Dean Rodgers, an agent at the Marilyn Agency in New York cautioned that although weight still matters, there's a fine line between thin and too thin. Although designers want their clothing to drape on the runway, they do not want a girl who looks sick. "Being too thin is dangerous and does not guarantee success," he said.

3

life

News in brief



From fine lines and crow's feet, to dark circles, puffiness, crepiness, discolorations, redness and irritation, Prevue Eye Advanced Anti-Age Serum tackles all the ailments of this tender area with its highly restorative moisturizing ingredients. Prevue hits The Bay, Sears and Shoppers Drug Mart counters starting next month. (\$120/15ml)

METRO



Models to walk the runway to challenge fashion industry's idea of beauty

The interchangeable purse

► Changing a handbag to match your outfit, occasion or even mood is something most women love to do ► Now a new designer purse line called Miche Bag makes it easier and less expensive with its magnetic “shell” covers



ANN-MARIE COLACINO
LIFE@METRONEWS.CA

Women love to change their purses to match certain outfits or suit a particular outing.

The problem is, of course the expense of buying so many different bags and the common setback of forgetting to transfer all contents when switching styles.

A revolutionary new purse called the Miche Bag helps solve these issues by providing base bags (in varying sizes)

with changeable magnetic covers or “shells” that offer different patterns and colours. So you buy the base bag (\$100) — available in small (Classic) or large (Max) — which comes with three cover changes for the Classic and two for the Max.

Then you can purchase additional shells if you like (\$25 to \$50 each).

Here's a diagram of how it works as well as a few of our Metro's favourite Miche Bag covers:



Wendi, \$50

A taupe two-tone faux leather shell with stamped pattern and cream accents. (Max Shell)

► Available online at michebag.ca



Katheryn, \$50

A chocolate brown faux leather shell with pleating, side pockets and over-flap. Small black details are placed throughout the design. (Max shell)

► Available online at michebag.ca



Ashley, \$25

Brown floral pattern textile with full ends and brown faux leather closure. (Classic shell)

► Available online at michebag.ca



Ellie, \$25

Sexy red faux leather reptile print shell includes large silver buckle detail on front. Also available in black. (Classic shell)

► Available online at michebag.ca



► The Miche Bag is a purse with an endless amount of possibilities with its base handbag and variety of interchangeable shell options.

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Tips for staying flawless — on the fly

► Combat frizz, leg stubble & bad hair days in minutes

Busy women today need to be prepared for almost anything at a moment's notice.

Frizz, unshaven legs, and bad hair days are some of the common dilemmas stemming from a fast-paced lifestyle. Staying fresh and fabulous everyday doesn't have to be a chore and can be fun with just a few minutes of planning. Whether you're a business woman or a busy mom, looking and feeling beautiful on the go is pos-

sible with the following easy tips:

Ditch that disposable razor: Don't make the mistake of using the wrong razor and having an uncomfortable and unfinished shave. Save time with a convenient and portable epilator to lift and remove even flat-lying hair.

Keep frizz at bay: Drying or diffusing your hair in the morning can be a big inconvenience for any woman. Keep your hair

frizz-free by leaving your conditioner on for 2-3 minutes longer than normal. This will calm your hair and help create the perfect do.

Don't let a bad hair day ruin your mood: Avoid a frizzy, flat or boring hair day altogether by putting an emergency hair-care pack conveniently in your purse. Keep a small collection of hair ties, clips and bobby pins handy in case you have to change your hair in a hurry. **NEWS CANADA**



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► Traditional designs have their place but the model suite at FIVE Condos at 5 St. Joseph shows that embracing the unexpected can deliver both sophistication and style



A condo that is as artistic as it is inspiring

SUITE TALK

RAFAEL BRUSILOV
HOME@METRONEWS.CA

At FIVE Condos, designer Anna Simone created a space intended to resonate with a savvy demographic of urbanites who not only appreciate good design but are looking for something tactile, thought-provoking and unexpected.

Artistic touches like the industrial-looking light fixtures, which are deliberately missing their

lampshades, and the contrasts of light and dark tones, smooth and rough materials, create a sense that something truly special is going on.

"It's about celebrating the unexpected, keeping things fresh and also unusual so that you notice them. There's a refinement here of taking something polished but that almost looks unfinished — there's an opportunity for you to finish it with your mind. It's engaging you because you are the missing link,"

The lowdown

- FIVE Condos at 5 St. Joseph
- Builder: Five St. Joseph Developments Ltd.

Simone said.

Despite the decidedly compact size of the 658-square-foot model suite, Simone and her team made the main living area look effortlessly large through a combination of techniques that command the eye with long lines and focal points

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- Phone: 416-928-0555
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on the edges of the space. Case in point: A long, dark oak wall in the main living area extends the entire length and height of the room and strategically placed lighting emphasizes width.

"The suite uses materials whose starting and ending

points expand the room. The continuation of a particular material from vertical to horizontal will enhance the size of the room. We've also lighted the corners of the space rather than the centre to draw the eye away and make the space look larger," Simone said.

With some retro hints added like the refurbished and refinished kitchen chairs, the space avoids feeling too hyper-modern while keeping an overall feel of sleek sophistication.

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HOMES IN
STYLEJENNIFER BILL
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From floors to furniture, to ordinary and exotic, wood adds a warm, natural elegance to a room and an organic pattern that goes with virtually anything.

The more unusual a wood, the grander a statement it makes. Seek out the decadent-sounding cherry, pear, maple or walnut, or the lush rosewood, wenge, ebony or mahogany. No matter your preference, wood should be considered a staple in decor, says Toronto designer Frances Freund, B.I.D.

"Whenever decorating wood should be a part of what you're doing," says Freund, of Frances Freund Interior Design. "Wood is a main player. It belongs in every interior ... Your interior becomes boring if you do the same materials. You need to have a combination of things for the whole room to have integrity."

Look for accessories that might not usually be found in wood, like a vase or bowl, to add an unexpected rich tone to the room.

"I think it enhances the room because wood has an integral beauty within itself. It's not just colour, you want a variety of textures and wood is a play of texture," says Freund. "Some of the woods are so beautiful, they're exotic, they have the most wonderful grains in them."

Freund says a surge in popularity for wood and reclaimed finishings has been fuelled by the green movement. She is seeing wood floors over carpet, dark wood over light, and antique pieces showing an eclectic style — a mix of modern and antique in a pared-down traditional look.

"Wood's making a big comeback," she says. "Wood has a lasting quality wood that has been used throughout history."

Make wood an essential part of your decor

**1 WEST ELM \$9-24**

Check out these artful pieces for entertaining and everyday dining. These bowls are richly grained acacia wood with a bleached finish. westelm.com.

2 URBAN BARN \$449

The Kolbo Living Room Collection offers oak veneer, smooth espresso finish and smoked glass accents to provide a clean look. urbanbarn.ca

3 URBAN BARN \$169

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4 ETSY \$650

The artful Inlaid Mahogany Table by Xenasdad is made by altering old printers' type drawers with the shells set in. etsy.com/shop/xenasdad.

5 WEST ELM \$119-29

These Log Vases are natural beauties, in organic formations carved from richly grained mango wood. westelm.com.

6 WEST ELM \$119

Save space in style with the modern, versatile Stackable Chairs in walnut wood composition, which can be stored away when not in use. westelm.com.

7 URBAN BARN \$329

Hard and solid, the Maurya Bench, made of exotic mango wood, provides excellent sturdiness and support for stylish extra seating. urbanbarn.ca.

8 CANADIAN TIRE \$19

The Debbie Travis Retro Wood Clock — which has aluminum hands and metallic-effect time markers are silk-screened directly onto the glass. canadiantire.ca.

9 CANADIAN TIRE \$29

Adorn your walls in a contemporary design with the Debbie Travis Shelf, Ledge Dark, a set of three reversible shelves in a black finish. canadiantire.ca.

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chaz
ON CHARLES AT YONGE

Built-in book shelves are big on character

► Interior designer Betsy Burnham doesn't buy many bookcases these days ► She's more likely to create built-in bookshelves

Ditto for custom-made desks, built-in beds, window seats and more.

"I find so many of my clients are really interested in built-ins," says Burnham. "Anywhere there is a niche, we're considering the space as a place to build in."

The popularity of custom, built-in pieces may be partly a backlash against the cookie-cutter conformity of furniture at many major retailers. But for some homeowners, choosing a built-in piece is just practical: Small spare rooms or

awkward spaces can take on new life when a built-in is added.

Custom-designed items may seem too costly to be practical. But if you make the right choices, says designer Brian Flynn, "built-ins don't have to be expensive. Everybody hears 'custom' and they freak out," Flynn says, but it's possible to create something beautiful using lower-priced materials.

Small area, big impact

"Built-ins are great for

opening up possibilities in small spaces," says interior designer Mallory Mathison. Depending on your interests a small corner can become anything from a wine closet to a children's "art closet."

How to save

"If people want to go the extra mile and go with walnut or high-end exotic wood, you can," Flynn says. But a custom interior for a walk-in closet can be done beautifully and affordably with stain-grade plywood trimmed with MDF (medi-

um-density fibreboard).

Any style

Built-in cabinetry doesn't have to be stately and made of richly stained wood, Mathison says. A huge range of colours and styles, from ornate to sleek and simple, can work well.

Open and closed

Built-ins can show off precious items, but they're often prized for hiding clutter. Custom shelves flanking a fireplace offer prime space for displaying treasures, and toys or craft projects. **THE CANADIAN PRESS**



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PHOTOS: SARAH DORIO/DECOR DEMON OR MALLORY MATHISON — DESIGNS: BRIAN PATRICK FLYNN



► The popularity of built-in pieces may partly be a backlash against the conformity of furniture at many major retailers, say some designers. But for some homeowners, it's also practical: Small spare rooms or awkward spaces can take on new life when a built-in piece is added.

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Try this trick: Adding one cup of salt to one litre of water and four litres of ice will speed up the cooling of your favourite beverages.

Keeping your cool

► Here are some practical ideas and stylish products to chill your summer beverages while entertaining

DECOR MOMENT

KARL LOHNES
HOME@METRONWS.CA



As predicted, it's been a long, hot summer in most cities. My stay-cations have been filled with lots of visiting friends and entertaining on the terrace. I'm always the lookout for great entertaining ideas and here are just a few cool ways to keep the drinks chilled while hanging around outside:

A small mini fridge hidden in a guest room or in the home office is a great way to keep the overflow of beverages cold. During the winter months I use it for keeping bottled water ready to go and during the holidays it's a great place to store extra party food. A small wine chiller is an absolute toy for those who entertain year round and have a wine

cellar to show off. Whether it be a wine fridge or smaller compartment, you'll never have to worry about serving up luke warm wine at your next dinner party.

Tip: Mini fridges are easily bought online after students graduate; look

online for a used one or, sell yours at the end of the summer to a returning student.

If it's a long-haul to the hammock or you tend to do the visiting rather than entertaining, then a portable cooler is a great



► Sowine wine storage compartment, \$449. Keeps two bottles of wine at two independent temperatures so they are always ready to be consumed.



accessory to have. Keep them small and compact in size so they stay light and easy to carry.

Tip: Freeze one bottle of water and use as your ice pack; empty about one third of the water away to accommodate expansion in the bottle when the water freezes (also make sure to use a plastic bottle).

Juice pitchers with a built-in ice compartment are an inexpensive way to keep sangria and draft beer cool without the ice melting into the drinks. Such a smart and cost effective way to keep things cool on the patio.

Tip: Add some food colouring to the water before freezing the ice pack; it will be a decorative touch and it will be easier to see when the ice has melted. **Tip:** A small freezer bag filled with ice and sealed makes a great insertion into a pitcher of draft or lemonade and will not water down your beverage.

My recipe for success:

- If you want to cool your bottled beverages much faster, try this recipe for an even colder ice bath: Add a cup of salt to one litre of water and four litres of ice. The ice will become much colder; shortening the cooling time of wine or pop in half. Adding salt to the ice is an old trick used with the old fashioned ice cream makers. You'll have colder beverages in almost half the time!

- I like to make 'garnish cubes'; take your favorite drink garnish like

Perfect pour



Canadian-designed Ravi Chiller wine spout, \$39.95 chills your wine (there is a white or red option) to the perfect serving temperature. ravisolution.com

► **Instant Cold:** I love the machines that chill a bottle of wine in seconds but they can be very expensive. I found the RAVI pour spout; a contraption that is stored in the freezer and cools your wine as it is poured through the spout. Its Canadian designed and makes a great hostess gift at under \$40.

mint, raspberries, strawberries, etc and freeze them in lemonade or cranberry juice. Use instead of regular ice for colour, flavour and your drink will not be diluted.

- Chill wine glasses in the fridge (not freezer). Even a red wine glass that is chilled will help to refresh red wine a few degrees cooler, which makes it the ideal temperature for serving.

Rooftop Surfing

STEPHEN DUPUIS

HOME@METRONEWS.CA



BUILDING FOR HUMANITY

I often marvel at the expertise of the men and women who actually build all the new homes and condos throughout the GTA.

Following my experience on a Habitat for Humanity building site earlier this week, I am particularly impressed with the skill as well as the artistry involved in low-rise housing

construction.

It was lots of fun putting on steel-toed boots, a hard-hat and a tool belt to work together with a team that included my wife Linda and two lawyers — Tammy Evans and Filip Gavanski — of Blaney McMurtry LLP.

Thanks to our Crew Leader George, we learned how to cut drywall (the secret is you don't cut it, you

score it, then snap it), chalk a line, and drive screws with a very cool power tool (guy thing, I know). I'll admit it took the four of us a full day to do the firewalls for two staircases, but we learned something and it was a satisfying experience. But the people who ultimately move in are the real winners here. For more information visit torontohabitat.on.ca.

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limelight
CONDOMINIUMS AT MISSISSAUGA CITY CENTRE



Libretto's pizza – trendy, but lacking in flavour

STEPHANIE DICKSON/FOR METRO TORONTO



► Margherita Pizza.

► Popular pizza palace disappoints with its bland signature offering

LUNCH RUSH

STEPHANIE DICKSON
FOOD@METRONews.ca

Though it's been around for two years, Pizzeria Libretto is jam-packed no matter what time you go. It's a place to go to be seen, to say you've been. It's cool and laid back but frenetic and loud at the same time.

The prices aren't bad though. The Lunch Prix Fixe (\$15) is 3-courses. Great. I'm starving. I start with an Arugula Salad — lightly dressed with tons of walnuts, Piave cheese and thin, crisp pear slices. And a big portion too. Mmm.

The Margherita Pizza is disappointing though. The crust is limp and quite

blackened and the tomato sauce is bland. How can these be San Marzano tomatoes? For a place that "makes the only certified Vera Pizza Napoletana in Toronto," it is a real let-down. I know it's meant to be simple, but does that have to mean flavourless? I ask for my biscotti to go. I've had enough.

► **Pizzeria Libretto**
221 Ossington Ave.
416-532-8000
Rating 2 out of 5
Price range \$3 to \$24
Reservation: No
Social lunch
Time in 1:23 p.m.
Time out 2:32 p.m.
Low \$ — Biscotti (\$3)
High \$ — Salumi Grande
Tasting (\$24)
Licensed: Yes
pizzerialibretto.com

Garlic-Balsamic Chicken Kebabs



Yields 4
Start to finish
120 min.
Active:
20 min.

► Garlic-Balsamic Chicken Kebabs.

Ingredients :

- 1/4 cup olive oil
- 1/4 cup white balsamic vinegar
- 1/4 cup dry white wine
- 1/2 tsp hot sauce
- 2 tbsp hoisin sauce
- 4 cloves garlic
- 1/2 tsp salt
- 1/2 tsp whole black peppercorns
- 1 tbsp grated fresh ginger
- 625 g (1 1/4 lb) boneless, skinless chicken breasts
- 1 large red onion

Preparation:

- 1 In a blender, combine olive oil, vinegar, wine, hot sauce, hoisin, garlic, salt, peppercorns and ginger. Puree until smooth. Reserve half of the marinade.

- 2 Into a large bowl, pour remaining marinade. Add chicken and onion, then stir gently to coat. Cover and refrigerate for about 1 1/2 hours.
- 3 When chicken is ready, heat grill to high. Oil grates or coat them with cooking spray.
- 4 Divide meat and onion chunks among 4 skewers. Reduce heat on one side of the grill to low. Arrange skewers on the cooler side of the grill, then cover and cook for 6 minutes, turning frequently. Serve skewers with the reserved marinade for dipping.

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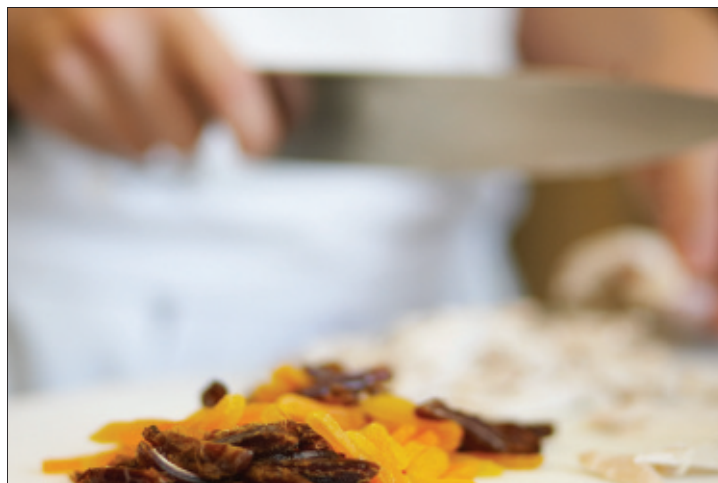
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- Artisan Bread Baking
- Professional Chocolatier
- Culinary Tourism Management
- Indian Cuisine
- Professional Barista
- Certified Tea Sommelier





▶ Alex Rodriguez connects on his 600th career home run yesterday. More coverage, page 38

A-Rod reaches 600 with style

► Marcum gives up historic home run in first inning of loss to Yankees ► Rodriguez becomes youngest to reach milestone ► Slugger had gone hitless in previous 17 at-bats

Alex Rodriguez added his own memento to Monument Park, even though retirement remains years off.

After struggling to hit his 600th home run, A-Rod reached the milestone with his usual dramatic flair. He became the youngest player to attain the mighty mark and did it by driving a pitch over Yankee Stadium's centre-field fence and into the area where the pinstriped

1	5
BLUE JAYS	YANKEES

greats are remembered. And, remarkably, he did it exactly three years to the day after his 500th homer. "That's amazing," Rodriguez said. "To the day."

His two-run, first-inning

drive off Toronto's Shaun Marcum put New York ahead, and the Yankees coasted to a 5-1 victory over the Blue Jays on a sweltering afternoon. The win ended the Yankees' three-game losing streak. Rodriguez went 9-for-46 after homering July 22, the longest stretch between Nos. 599 and 600 for any of the seven to reach the mark. He was hitless in his last 17 at-bats.

"It was a relief just to

put it past me," he said. "There's no question I was pressing 'cause I wanted to get it out of the way."

A-Rod reached the milestone after a 12-game drought, connecting with a 2-0 pitch over the middle of the plate for his 17th home run of the season.

Frankie Babilonia, a 23-year-old in his second-year as a Yankee Stadium security guard, retrieved the ball and gave it to his supervisor, who had it

passed on to Rodriguez. Babilonia got to the ball because another security guard in the area was on break, and he was rewarded with an autographed A-Rod bat.

Babilonia said it was his job to turn in the ball, and he never thought about trying to keep it. In January, the ball a fan caught for A-Rod's 500th homer was auctioned for \$103,579.

THE ASSOCIATED PRESS

4

sports

Quoted



"It's just another one on my stats. It's important to him."

SHAUN MARCUM, ON GIVING UP ALEX RODRIGUEZ'S 600TH HOME RUN. MARCUM SAID THE HOMER CAME ON A CUT FASTBALL

"A lot of good things for him to come. He's got another 15 years. You never know how many he's going to hit"

DEREK JETER, SUGGESTING TEAMMATE RODRIGUEZ COULD PLAY UNTIL HE'S 50.



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A career full of milestones

► As the years have passed, Alex Rodriguez has climbed the ranks of baseball's greatest home run hitters, but not without controversy

By hitting his 600th home run at 35 years, eight days, Alex Rodriguez joined a club that includes Barry Bonds (762), Hank Aaron (755), Babe Ruth (714), Willie Mays (660), Ken Griffey Jr. (630) and Sammy Sosa (609). The next youngest was Ruth at 36 years, 196 days, in 1931,

though he did it in 183 fewer games.

Toronto manager Cito Gaston was playing for the San Diego Padres the day Mays hit his 600th in 1969 — although Gaston didn't get into that day's game.

"I don't think too many guys can say they saw a 600th homer hit by two

different guys," he said.

In the three years since hitting No. 500, much has changed for Rodriguez.

In response to a Sports Illustrated.com report and mounting speculation, A-Rod admitted to using steroids as he hit 156 homers with Texas. He has 255 with the Yankees and

189 with the Seattle Mariners, who picked him No. 1 in 1993 amateur draft.

Rodriguez is among only three players, along with Reggie Jackson and Darrell Evans, to hit 100 home runs for three different teams.

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The date your home
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► Sherra Wright, ex-wife of slain NBA basketball player Lorenzen Wright, grieves at yesterday's memorial service.

Hundreds pay respects to 'Ren' Wright

The procession moved slowly and solemnly yesterday, a long line of black-and-white-clad mourners pausing in front of the silver casket of their slain native son Lorenzen Wright.

Hundreds of fans, friends and family members of the former NBA player filed into the FedEx Forum in Memphis for Wright's memorial service and funeral, remembering the man many called "Ren" as a loving, gentle, charitable family man.

Wright's body was found July 28 in woods outside Memphis after he had been missing for 10 days. The 34-year-old was shot to death in what police are calling a homicide. No arrests have been made and Memphis police will not discuss whether they have a motive or suspects.

Relatives and friends fought off tears as they addressed the crowd, still in disbelief at the way he died.

Jeffrey L. Archie told the audience that he may never understand why someone would kill his brother.

"To me he was invincible," Archie said. "There's no reason for anybody to take him like this."

Wright's six children and ex-wife were in the procession, trailed by his father, Herb Wright, who uses a wheelchair. Dozens of friends and family followed, stopping before a photo of Wright and then before the casket. His mother, Deborah Wright, also attended.

A litany of former NBA brethren paid their re-

spects, including Memphis hero Penny Hardaway, Eliot Perry, Bonzi Wells, and former Atlanta Hawks coach Mike Woodson. Current Grizzlies forward Zach Randolph and former NBA player Damon Stoudemire also were there.

Lorenzen Vern-Gagne Wright Sr. was born in Memphis but lived as a youth Oxford, Miss. His mother and siblings moved to Memphis for his senior year in high school, and he became a star at Booker T. Washington High School. While growing up, Wright's father, who was paralyzed after being shot in the spine, coached him on the basketball court and taught him to be a family man off the court.

He then went to the University of Memphis, where he played two seasons and was an All-America selection after his sophomore year.

The six-foot-11 forward-centre was drafted No. 7 in 1996 by the Los Angeles Clippers where he spent three seasons before moving onto the Atlanta Hawks, for two separate stints, the Grizzlies, the Sacramento Kings and most recently the Cleveland Cavaliers in 2008-09.

THE ASSOCIATED PRESS

Scoreboard

BASEBALL

AL EAST				
	W	L	Pct	GB
TAMPA BAY	67	39	.632	-
NEW YORK	66	40	.623	1
BOSTON	61	46	.570	6.5
TORONTO	56	51	.523	11.5
BALTIMORE	33	73	.311	34

AL CENTRAL				
	W	L	Pct	GB
CHICAGO	60	46	.566	-
MINNESOTA	59	48	.551	1.5
DETROIT	53	53	.500	7
KANSAS CITY	46	61	.430	14.5
CLEVELAND	45	62	.421	15.5

AL WEST				
	W	L	Pct	GB
TEXAS	61	45	.575	-
LOS ANGELES	54	54	.500	8
OAKLAND	53	53	.500	8
SEATTLE	40	67	.374	21.5

NL EAST				
	W	L	Pct	GB
ATLANTA	60	46	.566	-
PHILADELPHIA	58	48	.547	2
NEW YORK	54	53	.505	6.5
FLORIDA	53	53	.500	7
WASHINGTON	47	60	.439	13.5

NL CENTRAL				
	W	L	Pct	GB
CINCINNATI	60	48	.556	-
ST. LOUIS	59	48	.551	.5
MILWAUKEE	50	58	.463	10
HOUSTON	47	59	.443	12
CHICAGO	46	61	.430	13.5
PITTSBURGH	37	69	.349	22

NL WEST				
	W	L	Pct	GB
SAN DIEGO	62	43	.590	-
SAN FRANCISCO	62	45	.579	1
COLORADO	55	51	.519	7.5
LOS ANGELES	55	52	.514	8
ARIZONA	40	67	.374	23

JAYS WEDNESDAY BOX SCORE

TORONTO	AB	R	H	BI	BB	SO	AVG.
SNIDER LF	5	0	0	0	0	1	.246
A.HILL 2B	4	0	0	0	0	0	.211
J.BAUTISTA RF	3	1	2	0	1	0	.263
V.WELLS CF	4	0	0	0	0	1	.275
LIND DH	2	0	0	0	1	2	.218
J.BUCK C	2	0	0	0	0	1	.277
J.MOLINA C	2	0	0	0	2	.283	
OVERBAY 1B	3	0	1	1	0	0	.249
ENCARNACION 3B	3	0	1	0	0	1	.243
JO.MCDONALD SS	4	0	1	0	0	0	.220
TOTALS	32	1	5	1	3	8	
NEW YORK	AB	R	H	BI	BB	SO	AVG.
JETER SS	4	3	4	0	0	0	.280
SWISHER RF	3	0	0	0	1	1	.296
TEIXEIRA 1B	3	0	2	3	1	0	.258
A.RODRIGUEZ 3B	4	1	1	2	0	0	.264
CANO 2B	4	0	1	0	0	0	.325
POSADA C	4	0	0	0	0	0	.262
BERKMAN DH	4	0	0	0	0	1	.133
GRANDERSON CF	3	0	1	0	0	2	.246
GARDNER LF	3	1	1	0	0	1	.290
TOTALS	32	5	10	5	2	5	

TORONTO	IP	H	R	ER	BB	SO
MARCUM L10-5	6	8	5	1	1	5
CAMP	1	0	0	0	1	0
JANSSEN	1	1	0	0	0	0
NEW YORK	IP	H	R	ER	BB	SO
PHUGHES W13-4	5	4	1	1	2	5
LOGAN	1	0	0	0	0	1
CHAMBERLAIN	1	1	0	0	0	0
D.ROBERTSON	1	0	0	0	1	2
M.RIVERA	1	0	0	0	0	0

Yesterday's AL results

N.Y. Yankees 5 Toronto 1
Oakland 4 Kansas City 3
Chicago White Sox at Detroit
L.A. Angels at Baltimore
Cleveland at Boston
Minnesota at Tampa Bay
Texas at Seattle

Yesterday's NL results

Chicago Cubs 15 Milwaukee 3
Cincinnati 9 Pittsburgh 4
Colorado 6 San Francisco 1
N.Y. Mets at Atlanta
Philadelphia at Florida
Houston at St. Louis
Washington at Arizona
San Diego at L.A. Dodgers

Today's AL games

Minnesota at Tampa Bay, 12:10 p.m.
Chicago White Sox at Detroit, 1:05 p.m.
L.A. Angels at Baltimore, 7:05 p.m.
Cleveland at Boston, 7:10 p.m.
Texas at Seattle, 10:10 p.m.

Today's NL games

Colorado at Pittsburgh, 7:05 p.m.
Philadelphia at Florida, 7:10 p.m.
San Francisco at Atlanta, 7:10 p.m.
Washington at Arizona, 9:40 p.m.
San Diego at L.A. Dodgers, 10:10 p.m.

TRANSACTIONS

American League

BOSTON RED SOX - Activated OF Jacoby Ellsbury from the 15-day DL. Optioned OF Daniel Nava to Pawtucket (IL).
CHICAGO WHITE SOX - Optioned RHP Carlos Torres to Charlotte (IL). Purchased the contract of LHP

Chris Sale from Charlotte (IL).
DETROIT TIGERS - Reinstated 3B Brandon Inge from the 15-day DL. Placed INF Danny Worth on the 15-day DL.

SEATTLE MARINERS - Activated 1B/DH Mike Sweeney from the 15-day DL and traded him to Philadelphia for a player to be named or cash considerations.

NHL

BOSTON BRUINS - Named Doug Jarvis assistant coach.
CHICAGO BLACKHAWKS - Signed F Evan Brophey, F Nathan Davis, F Hugh Jessiman, D Jassen Cullimore and G Hannu Toivonen to one-year contracts.
DETROIT RED WINGS - Re-signed F Darren Helm to a two-year contract.
OTTAWA SENATORS - Signed D David Hale and F Francis Lessard to one-year contracts. Named Rob Murphy professional scout.
SAN JOSE SHARKS - Signed F Jamal Mayers.
ST. LOUIS BLUES - Signed F Dave Scatchard.
VANCOUVER CANUCKS - Re-signed C Mario Bliznak and D Sean Zimmerman.

NBA

BOSTON CELTICS - Signed C Shaquille O'Neal.
CLEVELAND CAVALIERS - Promoted Wes Wilcox to director of pro player personnel and Trent Redden to basketball operations manager/scout.
DETROIT PISTONS - Re-signed C Ben Wallace to a two-year contract.
PHOENIX SUNS - Signed G Matt Janning to a multiyear contract.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
MONTREAL	5	4	1	0	178	113	8
TORONTO	5	3	2	0	113	149	6
WINNIPEG	5	2	3	0	157	137	4
HAMILTON	5	1	4	0	117	153	2

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
SASK.	5	4	1	0	172	153	8
CALGARY	5	4	1	0	140	105	8
EDMONTON	5	1	4	0	102	154	2
B.C.	5	1	4	0	100	115	2

Friday's games

Saskatchewan at Montreal, 7 p.m.
Toronto at Edmonton, 10 p.m.

Saturday's games

Winnipeg at Hamilton, 7 p.m.
Calgary at B.C., 10 p.m.

TODAY IN SPORTS HISTORY

August 5

1936 - Jesse Owens wins his third of four gold medals at the Berlin Olympics, winning the 200 metres in an Olympic-record 20.7 seconds.
1999 - Mark McGwire becomes the 16th member of the 500-home run club, hitting Nos. 500 and 501 in the St. Louis Cardinals' loss to San Diego.
2007 - Tom Glavine earns his 300th victory in an 8-3 victory over the Chicago Cubs.

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Put retirement party on hold: Favre may play

► Agent, Vikings say quarterback plans to return if he's healthy ► Stands to earn \$13 million this season

Brett Favre's flip-flopping is at full throttle, the surest sign yet that training camp is under way in Minnesota.

Vikings offensive co-ordinator Darrell Bevell and Favre's agent, Bus Cook, said yesterday that the veteran quarterback plans to return to the team if he is healthy. The 40-year-old Favre is still rehabbing his surgically repaired left ankle that he injured in the NFC title game loss at New Orleans.

"I know it's a decision that he wrestles with," Bevell said after a morning practice as Favre was throwing the ball around with high school students in Mississippi. "He's a great player. He's a great competitor. He mulls things over. He's an emotional guy. So he thinks things through long and hard and takes his time with his decision. So I'm not surprised that things started to come out. We just have to wait and see."

A day earlier, Favre texted some teammates and Vikings officials to say



► Brett Favre

that his ankle was not healing like he had hoped and that he planned to retire. Favre denied sending any such messages and there was no explanation for the discrepancy.

Bevell, who became close friends with Favre during three years as his quarterback coach in Green Bay, said he has spoken to Favre recently, but not in the last 24 hours. He said it's been his understanding that if Favre's ankle heals, he will return to play for the Vikings this season.

"That's what I've been

getting all along," Bevell said.

Cook told The Associated Press that Favre will visit his surgeon, Dr. James Andrews, next week for an evaluation.

"He's working out really hard and everything seems to indicate that if he is healthy and can contribute and play at the level that he has become accustomed to, he will play," Cook said.

The two-year, \$25-million US contract Favre signed last year calls for him to make \$13 million this season. Cook said there have been no negotiations on any adjustments to the deal.

"If they want to reward him, nobody's going to walk away from that," Cook said. "But it's not a factor in his decision."

Outside Oak Grove High School in Hattiesburg, Miss., Favre told reporters his decision is "not about the money." He also said he has been in touch with the team and "they know what's going on with me."

THE ASSOCIATED PRESS

Golf. Woods



► Tiger Woods plays a shot during a practice round yesterday.

SAM GREENWOOD/GETTY IMAGES

Woods cut short at Firestone

A two-hour window yesterday provided a snapshot of a strange year for Tiger Woods.

The guy famous for sweeping dew off the grass with his crack-of-dawn practice rounds arrived shortly before lunch on the eve of the Bridgestone Invitational to play nine holes at Firestone.

That's not terribly unusual, for

Woods knows Firestone as well as any other course, and it's where he made history last year as the only player to win a PGA Tour event seven times on the same course.

One tee shot into his practice round, the siren sounded because of dangerous weather.

He wound up playing only four holes.

THE ASSOCIATED PRESS

38

Shaquille O'Neal's age. He joins a group of 30-plus stars in Boston who are all likely headed for the Hall of Fame: Paul Pierce, 32, Kevin Garnett, 34, and Ray Allen, 35.

Celtics sign Shaq

Shaquille O'Neal has changed The Big Three of the Boston Celtics into a Very Big Four.

The seven-foot-one, 325-pound centre in the twilight of a brilliant career is coming to the Eastern Conference champions, hoping to add to his four NBA

titles.

O'Neal signed a two-year contract worth about \$3 million US yesterday, a person with knowledge of the negotiations said on condition of anonymity because no details were released.

THE ASSOCIATED PRESS

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Opinion

DAN TOTH

CFL EXTRA POINTS



SOCIAL MEDIA HAS CFL IN A TANGLED WEB

The CFL, like most pro sports circuits, is facing a social media dilemma.

While eager to have its players promote the league by posting to outlets such as Twitter, the lack of an online referee to flag violations before players push the send button is posing problems.

Toronto offensive lineman Rob Murphy was recently fined by the Argos and the CFL for his ill-conceived posts. Murphy tweeted about "smelling foreigners" at the train station and riding through "Frenchland," and was subsequently fined for violating the league's social media policy. So, while the CFL still encourages players to connect with fans, the league's journey into the world of social media is hitting a few potholes along the way, proving once again you can't legislate common sense.

BUONO NEXT?

Now that the death watch has lifted in Edmonton with the firing of GM Danny Maciocia, should we be casting our gaze farther west to Vancouver? In light of the B.C. Lions' disappointing 1-4 start, tough questions are being asked about GM/head coach Wally Buono's future. The most successful coach in CFL history

certainly has an exquisite resumé, but in pro sports you're only as good as your last game. Dating back to last season, the Lions are 2-8 in the last 10, including an embarrassing loss last week to the previously winless Eskimos.

THE COMEBACK KID

Calgary receiver Ken-Yon Rambo is making a successful return from a career-threatening knee injury suffered a year ago, no surprise considering his track record. Rambo returned Saturday against Winnipeg and caught six passes for 86 yards and one touchdown in his first game in a year. Rambo escaped death as a teenager in Long Beach, Calif., after being shot by a gang member. The bullet lodged inches from his spine, but not only did Rambo recover, he enjoyed a successful college career, led the CFL in receiving yards in 2008, and now appears on track to return to his sensational form.

PIVOTAL STRETCH FOR TIGERS

The Hamilton Tiger-Cats are much better than their 1-4 record suggests, but the next few games could determine whether they will meet expectations and challenge the East Division's Montreal Alouettes this season. The next four weeks consist of home-and-home duels against the Winnipeg Blue Bombers and the Toronto Argonauts — two teams they will need to dominate to claim a home playoff date in November.

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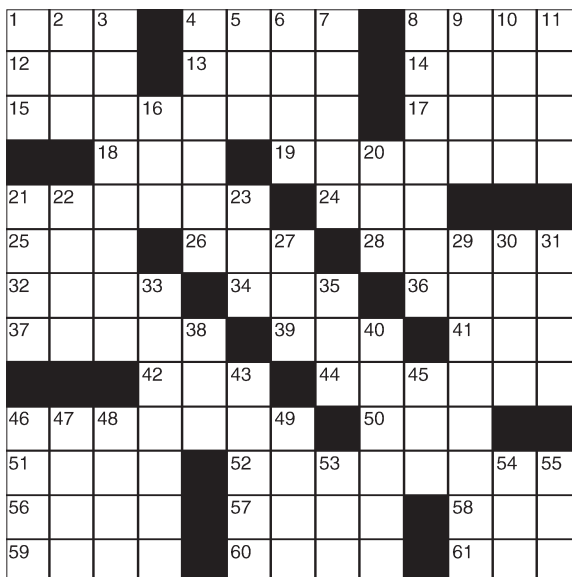
Crossword

Across

1 Space
4 Enthusiasm
8 "Take — Train"
12 Ms. Thurman
13 Approximately
14 Sauce thickener
15 Element in laughing gas
17 Storybook villain
18 Run smoothly
19 Spray can
21 Investigated
24 Tear
25 Trail the pack
26 Accomplished
28 Transfer
32 Finished
34 Conger, e.g.
36 Portrayal
37 Doctrine
39 "Humbly!"
41 Depressed
42 Existed
44 Put on ice, maybe
46 Moods
50 Lingerie item
51 Singer Amos
52 X-ray discoverer
56 Settled down
57 Shakespearean baddie
58 Before
59 Got up
60 "No —" ("OK")
61 Arrest

Down

1 Pistol
2 Parisian pal
3 Disease cause
4 Raced
5 Work unit
6 Away from port



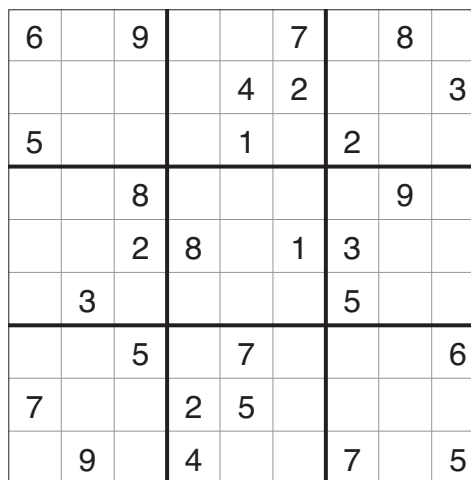
7 Unsociable type
8 State cop
9 Swine
10 Continental coin
11 Ice skater's leap
16 Abrade
20 Disencumber
21 Scenario
22 Carry on
23 Conk out
27 Society newbie
29 Cause of a fat lip?
30 Lotion additive
31 Lascivious
33 Edit in the ex-

treme
35 Fond du —, WI
38 — chi
40 Mingle
43 Disrobe
45 Leftover scrap
46 Luminary
47 Game played on horses
48 Eye part
49 Take to the skies
53 Id counterpart
54 Historic period
55 Kan. neighbour

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

► Yesterday's answer

6	9	2	7	4	3	8	5	1
5	3	8	1	6	2	4	7	9
1	4	7	5	9	8	2	6	3
3	2	5	4	8	1	6	9	7
8	1	9	6	7	5	3	2	4
7	6	4	2	3	9	1	8	5
2	8	1	3	5	7	9	4	6
9	5	6	8	1	4	7	3	2
4	7	3	9	2	6	5	1	8

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Dear Nader, I am so happy to have you in my life. You are an awesome husband! Happy Birthday to you, and I wish you all the best! Love you! NOUSHIN

To the most important people in my life right now, my boys, Javon & Nakaii Danvers, you're the reason I breathe, my motivation to wake up every morning and face the world. I love you more than life itself.
LOVE MOM

Today's horoscope

♈ **Aries** March 21-April 19 The planets are generally in your favour at the moment but you must not take too much for granted. Today's omens warn you could be in serious trouble if you gamble unwisely.

♉ **Taurus** April 20-May 21 Both at home and at work you would be wise to play safe today, even in situations where you feel you are in control.

♊ **Gemini** May 22-June 21 There are days when it seems as if the whole world is against you but deep down you know it isn't true. One particular person may be giving you a hard time.

♋ **Cancer** June 22-July 22 Good news on the money front will

lift your spirits and give you an excuse to go out and celebrate. But don't celebrate so much that you find yourself in debt again.

♌ **Leo** July 23-Aug. 23 The more others say you are doing something wrong the more convinced you will be that you are doing it right. Only you know what your long-term aim is, so only you can decide on the best way to reach it.

♍ **Virgo** Aug. 24-Sept. 22 Because the Sun is transiting the most sensitive area of your chart at the moment you seem to be spending a lot of time looking back. That's okay — the more you look back now the quicker you will move forwards later.

♎ **Libra** Sept. 23-Oct. 23 You'll get the red carpet treatment today and you thoroughly deserve it. But don't play the big star in front of people who resent your popularity.

♏ **Scorpio** Oct. 24-Nov. 22 It's good to believe that your future is bright but take care that your optimism does not get the better of you today.

♐ **Sagittarius** Nov. 23-Dec. 21 You are strongly advised to think before you act today. This may be one of the best times of the year for you but that does not mean you can abandon common sense — or common decency.

♑ **Capricorn** Dec. 22-Jan. 20 By all means compromise

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today but don't give in too easily and give others the impression that you can be manipulated. Negotiations will go better if you make the effort to bargain a bit. It's expected of you.

♒ **Aquarius** Jan. 21-Feb. 18 The effects of the past two days' worth of challenging aspects are still being felt, so you are advised to take it easy today. Everything is going according to plan — you really don't have to rush things.

♓ **Pisces** Feb. 19-March 20 If you want to break free of certain habits now is a good time to try. You may or may not succeed but you will gain valuable insights into what makes you tick. SALLY BROMPTON

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5-year/100,000 km Emission Warranty

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